



Harold & Elaine
**Shames
Jewish
Community
Center**
on the Hudson



Learn. Laugh. Live.

JOIN US FOR AN ACTIVE AND FUN-FILLED DAY!

In partnership with the
Shames JCC on the Hudson

Fitness & Italian Cuisine

- Exercise in the fitness room with a trainer
- Prepare and enjoy some Italian dishes with friends
- Sports, games, movement activities and great food!

Sunday, June 12, 2022
12pm-5pm

at

Shames JCC on the Hudson
371 S Broadway
Tarrytown, NY 10591



To Register:
www.sparcinc.org
Respite:\$60
Non-Respite:\$120
JCC Members receive a 15% Discount