

Coming Up at the Shames JCC—October 29, 2021

Fri, Oct 29, 2021 at 3:07 PM



October 29, 2021

Important Notifications:

Weekend Vaccine Requirements & New Saturday Hours Take Effect Tomorrow, Saturday, October 30. Click [here](#) for details.

The Aquatics Center will close at 1:00 PM on Sunday, November 14 for a swim meet. Let's go Hammerheads! 🦾🐡

Shabbat Shalom! We are so excited to be welcoming you back to the JCC on Saturdays tomorrow! Please have your vaccine card or NYS Excelsior Pass ready to show the Welcome Desk. You will only need to present this once. And be reminded that masks are still required in common spaces but optional in the Fitness Center, Aquatics Center, and the Group Ex Studios (Group Exercise classes will begin Saturday, Nov 5). Have a great weekend, we will see you tomorrow!



Slam Ball Charity Challenge! With guest fitness instructor & CEO Adam Weiss

Sunday, October 31; 10:45 – 11:30 am

Be prepared for a VERY challenging workout with our CEO! Adam is a Certified Personal Trainer and is ready to introduce you to his favorite workout using Slam Balls. Slams Balls are weighted and used in various exercises for a strength and conditioning workout. The cost to attend is \$20 (Members & Nonmembers). All proceeds will support the Shames JCC and programs including Special Needs programming, scholarships, Early Childhood Education, social action projects, and senior programming.

[Details & Registration](#)



THIS MONDAY! Renard Lecture (in-person at the JCC and on Zoom): The Mound Builders of the Eastern United States with Eugene Boesch

Monday, November 1; 10:00 – 11:30 am

Join us and archeologist Eugene Boesch for an informative lecture on Native American cultures and their history of burial mounds and how they gradually became more complex incorporating not only sacred or religious meaning but economic aspects as well. Eugene has a PhD from NYU and has undertaken archaeological investigations in the Hudson Valley area for over 30 years.

[Details & Registration](#)

Pickleball is BACK!

Wednesdays; 12:00 – 2:00 pm; beginning November 3

We are so happy to be bringing back Pickleball! If you're not familiar with Pickleball, it combines the best of tennis, badminton, and Ping Pong and can be enjoyed by virtually all ages and fitness levels! Nonmembers are welcome.

[Details Here](#)



Tai Chi Workshop & Demo

Thursday, November 18; 11:30 am – 12:30 pm

Please join us for Tai Chi, a meditative practice based on Taoist philosophy and centuries-old Chinese principles of health, spirituality, and self-defense. *This workshop is free for Members, Nonmembers, and Guests.*

[Details & Registration](#)



Flu Shot Vouchers

Despite the VERY rainy weather on Tuesday, we had a great turnout for the Flu Shot Clinic! A big thanks to Marinelli Pharmacy for providing this much needed service to our community. If you couldn't make it, you can [download all the forms and a voucher](#) from Marinellis and go at your convenience.

The Rivertowns Jewish Consortium and Beyond

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#). Please check with the congregation websites (links above) for updates on closures and programs.

Annual Westchester/Fairfield County Thanksgiving Diversity Breakfast with the Westchester Jewish Council (via Zoom)

November 18th, from 8:30 – 10:00 am

Please join us for the 20th anniversary Westchester/Fairfield Thanksgiving Diversity Breakfast, "Forging Community in a Time of Crisis: We're All in This Together."

The breakfast will honor individuals or organizations whose work in the community embodies the theme of forging community by building bridges and working side by side to address societal challenges that can only be solved by recognizing our common interests and shared humanity. Click [here](#) for details and to register.

Greenburgh Hebrew Center

Please visit their [website](#) for their latest events.

Mishkan Ha'am

Friday Night - Music and Meditation Shabbat Service *November 5th, 6:30 - 7:30pm* Outdoors at the First Reformed Church with zoom option Visit www.mishkanhaam.org Please sign up [at this link](#). We will welcome Shabbat outdoors with song, reflection, meditation and discussion. Mishkan Ha'am musicians will help us to unwind from the week with melodies old and new. While there will be a zoom option, note that due to the darkness it may be difficult to see.

Havdallah: Sharing Narratives of Tikkun Olam and Exploring its Spiritual Side *November 6th, 7:30pm - 8:30pm* Zoom only. Visit www.mishkanhaam.org. Havdallah is the ceremony that ends the restful period of Shabbat and begins the work of the week. We will use this opportunity to hear from Mishkan Ha'am community members about tikkun olam work (the work of repairing the world) they are engaged in. This could range from work that focused on tzedek (justice) to chesed (acts of loving-kindness). Each presenter will share for 5 minutes, with opportunities for questions and discussion. We will close with a spiritual reflection on this work. If you would like to present on work you are doing or have done recently, please email Solomon to sign up (rabbiamishkanhaam@gmail.com). We especially welcome teenagers in our community to share with us.

Adult Ed - Guest Speaker Ofer Bronchtein *November 21st, 11:00am - 12:30pm*. Zoom only . Visit www.mishkanhaam.org While we usually engage in discussion and learning around Israel/Palestine through our book and film group, the committee has organized an exciting opportunity to hear from someone intimately involved with the Israeli/Palestinian peace process. Ofer Bronchtein is the son-in-law of MH members Pat and Guy Pancer. He is an Israeli whose family moved to France, and he is now an envoy to Israel for the Macron government. He will join us live on zoom from France! We have asked him to speak to us about how the new government is approaching the Israeli/Palestinian situation. Please feel free to suggest topics or questions you would like him to address. Send them to Penny Rosenblatt (prpennyrose5@gmail.com). There will be time set aside for discussion during the program as well.

Rosh Pinah Chavurah

SERVICES We continue to have Zoom services beginning each Shabbat at 9:30am. If you are interested in joining our services please contact: president@roshpinah.com

STUDY GROUPS

The Women's Torah Group Meets every other Thursday at 11:00 am. We focus on feminist readings of Jewish sources and Jewish women in history. You can join any time.

The Men's Tanakh Class Meets every other Tuesday at 11:00 am. We apply the close reading method as we go through the narrative of the Bible chapter by chapter. You can join any time.

For more information on the study groups email Rabbi Halina: rabbirubinstein@optonline.net

THE WOMEN'S ROSH HODESH GROUP Meets once a month; a spiritual experience with a feminist lens. For more information contact Judy Nebel: jkneb@aol.com

Woodlands Community Temple

Hevra Torah *Sat, Oct 30, 9:15-10:15 am* Our discussion in parashat Khayei Sarah will be facilitated by Cantor Lance. In person and [on Zoom](#).

Shabbat Morning Worship on [Facebook](#). *Sat, Oct 30 at 10:30 am*

Talmud Study Group *Wed, Nov 3 at 12:00 pm* If you're looking for some ongoing, lively discussion of Jewish text, come join our weekly study of the Talmud. The group is facilitated by Martin Irwin and can be accessed on [on Zoom](#).

Pirke Avot--Ethics of the Sages with Harriet Levine *Thu, Nov 4, 10:00-11:30 am* Open to newcomers. [On Zoom](#). Any questions, contact Harriet, hl19845@gmail.com.

Book Fair Shabbat Evening Service *Fri, Nov 5, 8:00 pm* In person and livestreamed on Facebook. Watch the website for the link!

Hevra Torah *Sat, Nov 6, 9:15-10:15 am* Our discussion in Parashat Toledot will be facilitated by Rabbi Mara. In person and on [on Zoom](#).

Shabbat Morning Worship on [Facebook](#). *Sat, Nov 6 at 10:30 am*

Knitting & Crocheting *Sun, Nov 14, 3:00-5:00 pm* Make blankets, shawls, hats, scarves and other items for those in need. All welcome to participate. Guidance will be provided for beginners. For details, contact Angela Adler and Elizabeth Barnhard at knitting@wct.org.

Temple Beth Abraham

Kabbalat Shabbat (Welcoming the Sabbath) Reform Evening Services (In Person, on Facebook and via Livestream). *First Friday of the Month is Family Service, 6:00pm; All other Fridays, 7:30pm* Join us for a warm and spiritual start to the weekend.

Shabbat Morning Conservative Services (in person and via Zoom) *Saturdays, 9:00 am* Join us for services in the Conservative tradition Saturday mornings. These services will also be available on Zoom. Contact the [office](#) for the link by the Thursday prior.

Bible Study: *Wednesdays, 10:00-11:00am (on Zoom).* **No class November 24, due to the Thanksgiving holiday.** Rabbi Holtz leads a class every Wednesday morning, which goes at its own pace through the *Tanakh* [*Torah* (Law), *Nevi'im* (Prophets) and *Ketuvim* (Writings)] in English. No previous knowledge is required, and you can join in at any point in the cycle. Contact info@tba-nyc.org for the Zoom link.

Book Club *Friday, November 12, 10:00am* **This month's selection: *Walking Israel: A Personal Search for the Soul of a Nation* by Martin Fletcher** *With its dense history of endless conflict and biblical events, Israel's coastline is by far the most interesting hundred miles in the world. As longtime chief of NBC's Tel Aviv news bureau, Martin Fletcher is in a unique position to interpret Israel, and he brings it off in a spectacular and novel manner.* Whether meetings will be in person or on Zoom has not yet been determined. Please check the website for up-to-date information.

Movie Mavens

Saturday, November 13, 7:00pm (Zoom) **Shalom, Bollywood: The Untold Story of Indian Cinema** The unlikely story of the 2000-year-old Indian-Jewish community and its formative place in shaping the world's largest film industry. *Identity Films*, 2017, 76 min, not rated Requests for the Zoom link must be made by the Wednesday prior at noon.

Books@Night *Monday, November 15, 7:00pm* **This month's selection: *Apeirogon: A Novel* by Colum McCann**

McCann's most ambitious work to date, Apeirogon—named for a shape with a countably infinite number of sides—is a tour de force concerning friendship, love, loss, and belonging. Bassam Aramin is Palestinian. Rami Elhanan is Israeli. They inhabit a world of conflict that colors every aspect of their daily lives, from the roads they are allowed to drive on, to the schools their daughters, Abir and Smadar, each attend, to the checkpoints, both physical and emotional, they must negotiate.

(Publisher). Whether meetings will be in person or on Zoom has not yet been determined. Please check the website for up-to-date information. **Women's Circle**

Being Jewish in Italy with Eva Fischer, TBA Congregant and Resident of Milan from 1961-1991 Friday, November 19, 5:00pm Whether meetings will be in person or on Zoom has not yet been determined. Celebrate, study, and explore Jewish Women's issues and history. You do not have to read or prepare anything in advance. Life experience is the only tool you'll need. This is a congregant-led discussion on topics of interest to Jewish Women and those who identify as Jewish Women. Members and Guests are welcome. There is no charge for this program. Please email tbawomenscircle@gmail.com for more information. Requests for the Zoom link must be made by the Wednesday prior at noon.

Interfaith Community Thanksgiving Service Tuesday, November 23, 7:30pm (On Zoom) Clergy from several area churches and synagogues lead a service to celebrate the upcoming holiday and to give thanks. Registration will be required. Please see our website for registration details.

Connect with us at www.shamesjcc.org



Support the Shames JCC



Shames JCC on the Hudson | 371 S. Broadway Tarrytown, NY 10591
[914.366.7898](tel:914.366.7898)

You received this because you are subscribed to emails from the Shames JCC on the Hudson.
[Manage Email Preferences](#)