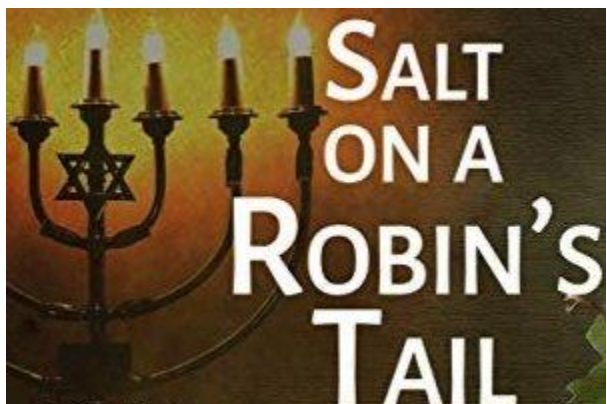




September 17, 2021

Shabbat Shalom! We hope everyone had a meaningful Yom Kippur yesterday. We also wish everyone a happy Sukkot which begins Monday evening and runs through Monday the 27th. Those who came to our campus this week probably saw our facilities team build a beautiful *sukkah*, a temporary structure built to celebrate Sukkot. Our Early Childhood Center students will be decorating it next next week so be sure to check it out! To learn more about this festive holiday, how it is celebrated, and the significance of the *sukkah*, click [here](#).

Also, as many of you might already know, our new CEO Adam Weiss started this week. He's a long-time Member and local resident so he is a familiar face to many already. He looks forward to meeting more members, so expect some further communication from him soon! And if you see him in the hallways or working out in the Fitness Center, be sure to say hello!



Renard Lectures are back this Monday!

In-person and on Zoom. This week: Salt on a Robin's Tail: An Unlikely Jewish Journey Through Childhood, Forgiveness, and Hope (Book reading & Discussion with author Andrea Kott)a

THIS MONDAY! September 20; 10:00 – 11:00 am

Salt on a Robin's Tail: An Unlikely Jewish Journey Through Childhood, Forgiveness, and Hope is a true story of love and loss, struggle and survival, despair and possibility. The daughter of a single mother whose depression

and drinking pitched them into poverty, her stormy life looked nothing like that of the Jewish kids she knew: It defied every stereotype she associated with being Jewish—having an intact family and material wealth, and becoming a bat mitzvah. Click [here](#) for more information and to register for the Zoom session.



New to the JCC: PADI Open Water Scuba Diving

5-week program; 2 days per week, Tuesdays & Fridays; 4:00 pm – 6:00 pm; first session begins on October 5

PADI Open Water training course is designed to provide participants ages 10 and up with the proper skills and knowledge to become safe and proficient recreational scuba divers. Our highly-trained PADI Instructor will teach you how to scuba dive in a relaxed, supportive learning environment.

Upon completion of this course and a series of 4 open water dives (not included with this course), you'll have the skills and knowledge for scuba diving basics and confined water dives, earning a PADI Open Water Certification. Click [here](#) for more information.



Outdoor event with Broad River: "Your Style, Your Brand with image consultant Kendra Porter

Wednesday, September 22; 5:30 – 7:00 pm

We will be in-person, outside for relaxed networking plus fashion! Learn how to use your style to reflect and project your personal brand. Award-winning image consultant, Kendra Charisse Porter will be sharing her energy, expertise and fabulous insights to help us learn how to use style and

fashion to reflect and project our personal and professional brands. Understand how to use your style to tell your story. Walk away with explicit, simple ideas to apply to your wardrobe that you can implement right away. Click [here](#) for more information on this event and Kendra. Light refreshments, including sweets from sweet treat sponsor "Sweets by Cari" will be served.

Special Needs Programming at the JCC



The Shames JCC is committed to being a welcoming and supportive environment for people of all abilities and our dedication to serving the Special Needs community is of high importance. We offer a wide range of inclusive and specialized programs for individuals with varying special needs and their families.

We understand that throughout the pandemic, COVID-19 impacted many individuals due to social isolation and lack of daily structure, and was particularly hard on the special needs community. We reestablished many of our special needs services last spring and ran a very successful internship for

young adults this summer in partnership with the Greenburgh Nature Center (please watch [this video](#) linked above as well to learn more about this program). We are now intaking participants for fall, if you are interested please see the program descriptions below and reach out to specialneeds@shamesjcc.org for intake information.



UP on Sundays Program (Ages 7 – 25; participants are grouped by age)

Select Sundays, 11:00 – 2:00 pm; beginning October 10, through May 22, 2022

UP on Sundays is a social and life skills learning program geared towards children, teens, and young adults on the autism spectrum or with related supportive needs. It is organized according to age, enabling staff to focus on varying needs and help cultivate peer-to-peer relationships.

Staff ratio is 3:1. Click [here](#) for more information.



Saturday Socials (Ages 14 to 25)

Program dates and times vary. This program runs through June 11

Saturday Socials is a social and life skills learning program geared towards teens and adults on the autism spectrum or with related supportive needs. Participants build friendships and experience new adventures through field trip experiences. Participants have a blast and revel in their sense of freedom. Click [here](#) for more information.



Virtual Social Circle (ages 12 to 25)

Once a month on Thursdays; Oct 2021 – May 2022

Virtual Social Circle is a monthly, Thursday night, virtual social and life skills program geared towards teens and young adults on the autism spectrum or with related developmental disabilities. We offer entertaining, engaging, and intentional programming that encourages each participant to learn new skills, build self-confidence,

enhance social skills, and increase self-awareness and emotional expression while cultivating peer-to-peer relationships. Virtual activities include dinner with friends, games (jeopardy, scavenger hunts, trivia night, etc), movie night, karaoke, dance parties, and more! Click [here](#) for more information.

Other Important Reminders

Group Exercise

Start planning your week now! As a reminder, reservations are required for Cycle. Click [here](#) for schedule.

Return of Aquatics Classes!

The Shames JCC is thrilled to be bringing back a variety of Aqua Group Exercise classes during the week! These classes are included with an All-Inclusive Membership. For more information on the classes we will offer, click [here](#).

Just for Teens 13 & 14: You can now train on your own in our Fitness Center!

Teen hours: M – F; 3:00 – 5:00 pm; now – November 1

Just in time for fall sports and back-to-school, teens 13 & 14 (as part of an all-inclusive family membership) can train in our Fitness Center. An orientation is required, free group orientations will be held on Mondays. Private orientations can be arranged at any time during the week, at an additional fee. To sign up for an orientation or to schedule a private one, please reach out to [Sadari Neville](#).



The Rivertowns Jewish Consortium and Beyond

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#). Please check with the congregation websites (links above) for updates on closures and programs.

Mishkan Ha'am

Simchat Torah September 29th, 6:00pm - 8:00pm www.mishkanhaam.org

Rosh Pinah Chavurah

Please visit their [calendar](#) for the most up-to-date programs and schedule. *To join any of the study groups please let Rabbi Halina know to add you to the ZOOM link mailings, rabbirubinstein@optonline.net*

Woodlands Community Temple

Sukkot Day Family Events. The whole family is invited to join us at Woodlands for these events!

Monday, September 20:

4:30 pm Sukkah Decorating

5:15 pm Sukkot Family Service

6:00 pm Sukkot BBQ

Jammin' Sukkot Shabbat *Fri, Sep 24 @ 7:00 pm - 7:30 pm* Come a little earlier at 6:45 pm for Mitzvah Heroes!

Songs, Stories and Sillies

On the temple lawn (bring a blanket)

If it rains, inside with masks

Or watch live stream at [Facebook.com/wctemple](https://www.facebook.com/wctemple)

Temple Beth Abraham

Kabbalat Shabbat (Welcoming the Sabbath) Reform Evening Services (In Person, on Facebook and via Livestream). Fridays, 7:30 pm Join us for a warm and spiritual start to the weekend.

Shabbat Morning Conservative Services (in person and via Zoom) Saturdays, 9:00 am Join us for services in the Conservative tradition Saturday mornings. These services will also be available on Zoom. Contact the [office](#) for the link by the Thursday prior.

Book Clubs:

TBA has TWO Reading Groups. Groups meet every other month. Both book groups have selected ***Florence Adler Swims Forever* by Rachel Beanland** as their September choice. **AM Book Club: Friday, September 10 at 10:00am; Books@Night: Wednesday, September 22 at 7:00 pm** *Every summer Esther and Joseph Adler rent their house out to vacationers escaping to "America's Playground" and move into the small apartment above the bakery...where they raised their 2 daughters, Fannie and Florence....* Whether the book club will meet in person or via Zoom is dependent upon COVID-19 protocols and the status of the construction at TBA. **Email adulted@tba-ny.org or check the website, bit.ly/TBA-Adult-Ed, for more information.** Requests for the Zoom link should be made at least two days prior to the meeting, by noon.

Israel Committee Movie Night and discussion (in Person) Thursday, September 23, 7:00pm: "UnReined" This is the story of a promising young rider from San Diego who held the Israeli high jump record for 20 years. But it is also the story of how the mutual affection for horses became an entry point for a significant collaboration between Israelis and Palestinians. You will have the option of screening the film in advance or in person on September 23. On the 23rd, the screening will be followed by a discussion, which will also be available in person or online. You can view the trailer for the movie at vimeo.com/405191949 **Joining us to discuss the movie will be Filmmakers Naomi Guttman-Bass and Marcia Rock, and Equestrian Champion Nancy Zeitlin.** Discussion facilitated by Rabbi David K. Holtz Email IsraelCommittee@tba-ny.org for more information

Women's Circle

Friday, September 24, 5:00pm (on Zoom); This month's topic: The *Mikveh* (Ritual Bath) with Yanira Quinones, Temple Beth Abraham's Director of Education
Celebrate, study, and explore Jewish Women's issues and history. You do not have to read or prepare anything in advance. Life experience is the only tool you'll need. This is a congregant-led discussion on topics of interest to Jewish Women and those who identify as Jewish Women.
Members and Guests are welcome. There is no charge for this program. Please email tbawomenscircle@gmail.com for more information. Requests for the Zoom link must be made by the Wednesday prior at noon.

Connect with us at www.shamesjcc.org

Support the Shames JCC



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