



**October 1, 2021**

**Shabbat Shalom!** Like many of you, we have been closely watching the news, and heartbroken, over the situation with the refugees coming in from Afghanistan. Many came here with little more than the clothes on their backs and with very few belongings. Thankfully, many nonprofits around the country are stepping in to help. We are joining the efforts and partnering with 15 organizations around Westchester in an initiative led by the Westchester Jewish Coalition for Immigration and UJA-Federation of NY. Please see the details below and we hope you can help welcome the stranger.



**Help Afghan Refugees in the Tri-State Area**

*Collection days: Friday, Oct. 8 and Sunday, Oct. 10 during normal business hours*

Please join us to help the thousands of refugees arriving at Joint Base McGuire Dix Springhurst in NJ. We will be collecting desperately needed supplies on designated days and times at the Shames JCC. Supplies needed: **Men's/Women's/Children's shoes, infant strollers, winter coats (all ages & sizes), children's backpacks, and women's handbags (with long strap). Items must**

**be new or gently used.** If you don't have any items for donation, you may also purchase items from an Amazon Wish List at: [shamesjcc.org/list](https://shamesjcc.org/list). Click [here](#) for more details.



**Volunteers needed! Help sort the donated supplies before distribution the to Joint Base McGuire Dix Springhurst**

*Monday, October 11 (Columbus Day); two-hour shifts between 12:00 pm – 6:00 pm*

Volunteers will sort and pack up boxes of collected items to facilitate the swift delivery of these items to the military bases. Volunteers must be 12+ years of age; volunteers

under 16 must be accompanied by an adult. Click [here](#) to sign up.



### **In-person and on Zoom: Germany's Two Summer Olympics On The Global Stage**

*THIS MONDAY! October 4; 10:00 – 11:00 am*

Please join this controversial discussion with award-winning journalist Evan Weiner. There are a few people in Germany who want to see Berlin bid for the 2036 Summer Olympics to mark the 100th anniversary of the Hitler-Nazi Games. The proponents think it could be a teachable time for the world in how propaganda was used

to promote the Games and the Nazi regime. No registration is needed for in-person but you must register for the virtual lecture. Click [here](#) for details. \$5.00 to attend in person.



### **NEW Bari Ruck is back for two yoga classes a week!**

Please join us in welcoming back one of our most popular yoga instructors Bari Ruck! Bari will be teaching Hatha Yoga on Wednesday at 8:15 am and Fridays at 8:30 am. We are so excited to have her back at the J! Click [here](#) for the full Group Exercise schedule.

**TRAIN TO BE A  
CERTIFIED LIFEGUARD  
FOR THE SHAMES JCC  
ON THE HUDSON!**

We are offering our  
American Red Cross  
Certification Course FREE\*  
to the community!

### **NEW Get your American Red Cross Lifeguard Certification for FREE!**

We are offering our American Red Cross Lifeguard Certification course for FREE for people interested in working at the Shames JCC upon course completion. This job is perfect for high school students, college students, part-time workers who enjoy flexibility and a work/life balance, and even retirees! If you love to swim, community, and want to work in a welcoming and exciting atmosphere,

this is the perfect opportunity! These courses typically cost \$400+ so be sure to reserve your spot today. Click [here](#) for details.

### **Other Important Reminders**

**Group Exercise** Start planning your week now! As a reminder, reservations are required for Cycle. Click [here](#) for schedule.

**Return of Aquatics Classes** The Shames JCC is thrilled to be bringing back a variety of Aqua Group Exercise classes during the week! These classes are included with an All-Inclusive Membership. For more information on the classes we will offer, click [here](#).

**Just for Teens 13 & 14: You can now train on your own in our Fitness Center!** *Teen hours: M – F; 3:00 – 5:00 pm; now – November 1* Just in time for fall sports and back-to-school, teens 13 & 14 (as part of an all-inclusive family membership) can train in our Fitness Center. An orientation is required, free group orientations will be held on Mondays. Private orientations can be arranged at any time during the week, at an additional fee. To sign up for an orientation or to schedule a private one, please reach out to [Sadari Neville](#).

### **The Rivertowns Jewish Consortium and Beyond**

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#). Please check with the congregation websites (links above) for updates on closures and programs.

### **Mishkan Ha'am**

**Outdoor Simchat Torah** *October 3rd, 2:00pm - 4:00pm* Park Hill Racquet Club, 2 Glenbrook Avenue, Yonkers (weather permitting)

**Friday Night Intergenerational Service** *October 15th, 7:30pm - 8:30pm* Visit [www.mishkanhaam.org](http://www.mishkanhaam.org)

**Adult Ed - Jewish texts on illness and healing** *October 17th, 11:00am - 1:00pm* Visit [www.mishkanhaam.org](http://www.mishkanhaam.org)

### **Rosh Pinah Chavurah**

Please visit their [calendar](#) for the most up-to-date programs and schedule. *To join any of the study groups please let Rabbi Halina know to add you to the ZOOM link mailings, [rabbirubinstein@optonline.net](mailto:rabbirubinstein@optonline.net)*

### **Woodlands Community Temple**

**Pirke Avot--Ethics of the Sages with Harriet Levine** *Thursdays, 10:00-11:30 am* Open to newcomers. Contact Harriet at [hl19845@gmail.com](mailto:hl19845@gmail.com) for the Zoom link.

**Shabbat Evening Service** *Fri, Oct 1 at 8:00 pm* A quiet evening after the big holidays! This service will be held in-person in the tent and live-streamed on [Facebook](#).

**Hevra Torah** *Sat, Oct 2, 9:15-10:15 am* Our discussion in parashat Bereshit will be facilitated by Cantor Lance. In person at temple (mask required) and on [Zoom](#).

### **Talmud Study Group**

*Wed, Oct 6 at 12:00 pm* If you're looking for some ongoing, lively discussion of Jewish text, come join our week study of the Talmud.

The group is facilitated by Martin Irwin and can be accessed [on Zoom](#).

**Rabbi Mara's Installation:** It's the next chapter in our synagogue's life. We've been part of Rabbi Mara's journey from the very beginning. Now, she is the first woman to occupy the senior rabbi position at Woodlands. Come be part of kicking off her tenure, while celebrating our community and the meaningful partnerships we forge here at Woodlands.

*Fri, Oct 8, 8:00 pm* Shabbat evening service, outdoors in the tent, with special installation guests and a festive Oneg!

*Sat, Oct 9, 7:00-8:30 pm* Celebration of Installation with Nefesh Mountain (Who's Nefesh Mountain? Visit [www.nefeshmountain.com](http://www.nefeshmountain.com)) And, some cool treats afterwards!

### **Temple Beth Abraham**

**Kabbalat Shabbat (Welcoming the Sabbath) Reform Evening Services (In Person, on Facebook and via Livestream).** *First Friday of the Month is Family Service, 6:00pm; All other Fridays, 7:30pm*  
Join us for a warm and spiritual start to the weekend.

**Shabbat Morning Conservative Services (in person and via Zoom)** *Saturdays, 9:00 am* Join us for services in the Conservative tradition Saturday mornings. These services will also be available on Zoom. Contact the [office](#) for the link by the Thursday prior.

**Bible Study:** *Wednesdays, 10:00-11:00am (on Zoom).* Rabbi Holtz leads a class every Wednesday morning, which goes at its own pace through the *Tanakh* [*Torah*(Law), *Nevi'im* (Prophets) and *Ketuvim* (Writings)] in English. No previous knowledge is required, and you can join in at any point in the cycle. Contact [info@tba-ny.org](mailto:info@tba-ny.org) for the Zoom link.

**Movie Mavens** *Saturday, October 9, 7:00pm (Multi-Access)* The Flood (Mabul): Intellectually gifted, but physically undeveloped, Yoni is a bullied 13-year-old student. His parents communicate with each other through him, if at all. A week before his Bar Mitzvah, his autistic brother, Tomer, 17, returns home. As family pressures mount and past secrets emerge, Yoni's Torah portion—relating the story of Noah and the flood—comes to take on multiple meanings, not only in the two brothers' lives but for

the whole family and their extended community. Requests for the Zoom link must be made by the Wednesday prior at noon.

**Namaste and Shalom: A Virtual Tour of Jewish India** *Wednesday, October 20, 7:30 (Zoom)* Take a trip to Jewish India with Temple Beth Abraham's Adult Education Committee! India's Jewish heritage is a rich cultural and historical saga that stretches from biblical times until today. Explore each of India's Jewish communities as we visit sites and synagogues in Bombay, Calcutta, and Cochin. Led by Rahel Musleah, who was born in Calcutta, the seventh-generation of a Calcutta Jewish family that traces its roots to 17th-century Baghdad. Today, Rahel is a New York-based award-winning journalist, author, singer, speaker and educator. She is looking forward to travel opening up so she can resume taking visitors on [Jewish heritage tours of India](#). In the meantime, she is bringing India to us! Email [adulted@tba-ny.org](mailto:adulted@tba-ny.org) to register or go to the Adult Education page of our website, [bit.ly/TBA-Adult-Ed](http://bit.ly/TBA-Adult-Ed) Registration information will be available on our website, shortly.

**Women's Circle** *Friday, October 22, 5:00pm (on Zoom)* This month's topic: Grassroots Approach to the Palestinian Conflict with Maddie Savitch, College Senior at Washington University. Celebrate, study, and explore Jewish Women's issues and history. You do not have to read or prepare anything in advance. Life experience is the only tool you'll need. This is a congregant-led discussion on topics of interest to Jewish Women and those who identify as Jewish Women. Members and Guests are welcome. There is no charge for this program. Please email [tbawomenscircle@gmail.com](mailto:tbawomenscircle@gmail.com) for more information. Requests for the Zoom link must be made by the Wednesday prior at noon.

Connect with us at [www.shamesjcc.org](http://www.shamesjcc.org)

Support the Shames JCC



Shames JCC on the Hudson | 371 S. Broadway Tarrytown, NY 10591  
[914.366.7898](tel:914.366.7898)

You received this because you are subscribed to emails from the Shames JCC on the Hudson.

[Manage Email Preferences](#)