

PROGRAM POOL - LAP SWIM SCHEDULE

Schedule valid: July 11 - August 26, 2021

AQUATICS at the Shames JCC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00a-5:30p 4 Lanes	6:00a-4:00p 4 Lanes	6:00a-4:00p 4 Lanes	6:00a-4:00p 4 Lanes	6:00a-4:00p 4 Lanes	6:00a-4:00p 4 Lanes	CLOSED
5:30p Closed	4:00p-6:00p SWIM TEAM	4:00p-6:00p SWIM TEAM	4:00p-6:00p SWIM TEAM	4:00p-6:00p SWIM TEAM	4:00p-5:30p SWIM TEAM	
	6:00p-7:30p 4 Lanes	6:00p-7:30p 4 Lanes	6:00p-7:30p 4 Lanes	6:00p-7:30p 4 Lanes	5:30p Closed	
	7:30p Closed	7:30p Closed	7:30p Closed	7:30p Closed		

Closures, Events, and Info:

- Swim caps are mandatory for anyone ages 3+. Swim caps sold at front desk and Aquatics Office.
- Private Swim Lessons are conducted throughout the day in one or two lanes as scheduled by the Aquatics Department.
- We offer community lifeguard classes year round. These may occupy lanes, as needed. Times & dates vary.
- **LIFEGUARD PROGRAM takes place in lanes 1 & 2 Saturday/Sunday 9a-4p monthly. See Red Cross Schedule.**
- **Our Lap Swim program is scheduled around other aquatic programming needs.**
- **In order to accommodate our full array of programming, schedules are subject to change without notice.**
- **Annual Pool Cleaning: August 27—Sept. 11, 2021.**

For more information visit shamesjcc.org

Contact:

Eric Hammermeister
ehammermeister@shamesjcc.org
914.366.7898 x 1140



TRAINING POOL– SWIM SCHEDULE

Schedule valid: July 11 - August 26, 2021

AQUATICS at the Shames JCC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00a-5:30p Open Swim	6:00a-4:00p Open Swim	6:00a-10:00a Open Swim	6:00a-4:00p Open Swim	6:00a-10:00a Open Swim	6:00a-4:00p Open Swim	Closed
5:30p Closed	4:00p-6:00p SWIM LESSON	10:00a-12:00p CAMP SWIM	4:00p-6:00p SWIM LESSON	10:00a-12:00p CAMP SWIM	4:00p-5:30p SWIM LESSON	
	6:00p-7:30p Open Swim	12:00p-4:00p Open Swim	6:00p-7:30p Open Swim	12:00p-4:00p Open Swim	5:30p Closed	
	7:30p Closed	4:00p-6:00p SWIM LESSON	7:30p Closed	4:00p-6:00p SWIM LESSON		
		6:00p-7:30p Open Swim		6:00p-7:30p Open Swim		
		7:30p Closed		7:30p Closed		

Closures, Events, and Info:

- Swim caps are mandatory for anyone ages 3+. Swim caps sold at front desk and Aquatics Office.
- Private Swim Lessons are conducted throughout the day scheduled by the Aquatics Department.
- **Training Pool is closed for swimming during Camp and Group Swim Lessons.**
- **In order to accommodate our full array of programming, schedules are subject to change without notice.**
- **Annual Pool Cleaning: August 27—Sept. 11, 2021.**

For more information visit shamesjcc.org

Contact:

Eric Hammermeister
ehammermeister@shamesjcc.org
914.366.7898 x 1140

