



Please be advised that our Zumba event is this Sunday from 10:00 AM – 12:00 PM. The parking lot will be busier than usual. Members should use the lot in front of the Main Entrance.

Shabbat Shalom! We hope everyone is ready for a beautiful spring weekend and will join us for our outdoor Zumba Dance Jam! There are still limited tickets available so be sure to reserve ASAP. We are also proud to be hosting an houseware and clothing swap on May 16 with one of our Affinity Fellows—the Shames JCC grant program where we fund and help launch projects brought to us by community members. This is one several more you will be hearing about over the next few months. To learn more about our Affinity Fellows program, please reach out to [Rabbi Ben Newman](#). Have a great weekend everyone and we can't wait to meet you at the J soon!



THIS SUNDAY! Click [here](#) for tickets, we are close to being sold out!



New Group Fitness Classes: Beginning Sunday, May 3

We have added several new Group Fitness Classes to our schedule (and note the return of Shaon and Louis. We are THRILLED to have them back!): Reservations open 24 hours in advance on our [Group Exercise schedule](#).

Precision (with Cecilia); Sundays 9:30 AM: Strength training through isolated movements.

HIIT (with Anna), Mondays, 9:00 AM: High Intensity Interval Training (HIIT) is a training technique that gives you an increased burst of exercise, followed by a short recovery period.

Hi-Lo Sculpt (with Sharon): This class blends step aerobics with body strengthening exercises.

Senior Strength & Conditioning (with Guild), Thursdays, 10:00 AM This low impact workout consists of a warm-up, cardio, strength and flexibility components geared towards active older adults.

Cycle (with Louis), Thursdays, 6:30 PM

Clothing & Housewares

SWAP



Clothing & Housewares Swap

Sunday, May 16, 10:00 AM - 2:00 PM (outside)

Give and Take! Bring your good-condition, quality items to swap for something new! Please be sure that your swap items are in good shape! They are looking for CLEAN items in good condition that someone else would really love! They are doing a textile recycling

collection so feel free to bring those "unswappable" clothing and linen

items in a SEPARATE bag for quick sorting at the event. For housewares, bring only working items in good condition. Nothing in need of repair please. Space is limited, so please be sure to reserve your spot! Masks and social distancing required! Email any questions to ffvintage@hotmail.com. Click [here](#) to register.



Challenging Times Ageless Insights: Jews and Racism: Inside and Outside of the Tribe, Presented by Rabbi David Holtz of Temple Beth Abraham

Friday, May 7, 9:30 – 10:30 AM (via Zoom)

Sponsored by the Rivertowns Jewish Consortium*, "Challenging

Times, Ageless Insights" offers participants the opportunity to

explore contemporary issues through a Jewish lens, providing

insights, discussion, debate, and if we are successful, even more

questions. Stay tuned for more dates! Click [here](#) to register.



Family Havdalah (via Facebook Live) with Rabbi David Holtz of Temple Beth Abraham and Rabbi Ben Newman

Saturday, May 8; 8:30 PM

Join us and connect with the community and your friends for a

Havdalah ceremony, which marks the end of Shabbat. Together

on Zoom we will sing songs, listen to stories, and do the

traditional Havdalah ceremony of smelling spices and lighting

candles. This event is perfect for families with children who are

new to the Rivertowns, and for families who already live in the area but would love to connect with Jewish community. Click [here](#) at the start time or be sure to follow our Facebook page and you will receive a notification.



Upcoming Renard: Architecture of Jewish Culture

Monday, May 3; 10:00 – 11:30 AM

Architecture of Jewish Culture as reflected in Memorials & Museums with Bruce Levy. Click [here](#) to register and find more information about our May 10 special [violin performances with Shem Guibbory](#).



Coffee Talk: Now in Person!

Fridays, 10:30 AM

We are thrilled to be able to bring Coffee Talk back in-person at the J! Let's meet next Friday outside and talk about what we are doing lately—our challenges, opportunities, and simply how we have spend our time (have you read any great books or discovered a new show on Netflix?). Conversations will be casual but facilitated by Rabbi Ben Newman. You do not need a JCC membership to participate. Participants will be socially distanced and masks are required. Email [Rabbi Ben Newman](#) for more information.

In Memory: Arthur R. Aldrich



In Memory: Arthur R. Aldrich

We are so sad to have to announce that Arthur R. Aldrich, frequent Renard Series lecturer and a longtime beloved member of our community has passed away on Monday, April 12. Arthur was known for his riveting talks on Jewish Image in American Film over many eras and genres. His last lecture with us was on March 15. He will be missed by our community and we send our deepest condolences to his family. To read his obituary, please [click](#) here.

Camp is 59 Days Away! Reserve Your Spot Today!

Enroll today!
shamesjcc.com

GET READY TO HAVE SOME FUN!

SUMMER Camps

CAMP TWELVE TRAILS
Grades K - 10

RIVER FRIENDS DAY CAMP
Toddler - K

JCC CENTERS

Harold & Ethel Shames Jewish Community Center on the Houston

Other Important Reminders



Registration for 2021 – 2022 Early Childhood Center programs is now open!

We will be offering programming for 2's, 3's and 4's and children in all age groups will have the ability to attend school from 9 to 12 or 9 to 3. We plan to continue to build on the success of this school year with our outdoor learning environments and will continually review guidance from the CDC, the NY State Office of Children and Family Services and the NY State Department of Health as we plan ahead.

Please read more about our educational philosophy [here](#) and reach out to [Ann Zarider](#) for more information and enrollment. Registrations will be taken on a first come, first served basis.



Meditation with Rabbi Ben Newman

Thursdays, 12:00 – 1:00 PM

Join Rabbi Ben Newman for a meditation practice of concentrated focus in the present moment. You will learn to increase awareness through movement, sound, object, visualization and breath. All are welcome. This program is also available via Zoom. Email [Rabbi Ben Newman](#) for more information.



SPARC (Special Needs Individuals ages 16 – 24)

Sunday, June 6; 1:00 – 5:00 PM

Join us and SPARC (Special Programs & Resource Connection) for a fun-filled active day! Participants will get to work out in the Fitness Center, learn new healthy recipes, play various sports activities, meet new people, and make new friends in a welcoming and supportive environment! SPARC offers recreational, arts, athletics,

and wellness programs for members of the Westchester County special needs community, ages 5 through adulthood. To learn more about SPARC, please visit their [website](#). To register, contact Kara Planamento at kara@sparcinc.org or 914.243.0583 x 1107.

Reminder: We're Hiring!

Camp counselors: River Friends Day Camp & Camp Twelve Trails Camp Twelve Trails and River Friends Day Camp are both hiring this summer! This is an exciting opportunity to work with kids, develop your leadership abilities, and have fun! Camp employees receive generous camp discounts. River Friends Day Camp (located on the Shames JCC campus) for ages 2 – 6 is hiring head counselors and assistant counselors for the summer! **For more information about opportunities at River Friends Day Camp, please email riverfriends@shamesjcc.org.** Camp Twelve Trails is looking for a variety of specialist positions (sports, arts, drama, among others), general counselors and leaders. **To see the open positions at Camp Twelve Trails, click [here](#).** Counselors are provided transportation to the Camp Twelve Trails campgrounds.

Fitness: Floor staff & Certified Personal Trainers We're looking to fill a variety of positions in the Fitness department! We need qualified candidates to work the floor in the Fitness Center and we're looking for Certified

Personal Trainers. All fitness employees receive a complimentary membership! Email [Lisa Bruskin](#) to learn more about these opportunities.

Welcome Desk Welcome Desk Staff support a positive environment for members, visitors and colleagues. Conducting themselves in a consistently welcoming, professional and courteous manner, Welcome Desk Staff are responsible for providing outstanding customer service, helping to ensure the safety and well-being of all members and guests, and facilitating a warm and friendly community experience throughout the entire JCC. All Aquatics employees receive a complimentary membership! Click [here](#) for more details. Email your resume to [Sharlene Mejia](#) and for more information on this opportunity.

Aquatics: Lifeguards, Supervisors, and Swim Instructors Who wouldn't want to work in our beautiful Aquatics Center? We have a variety of positions at different levels. For details on Lifeguard positions, click [here](#); for Aquatics Supervisors, click [here](#); and information on Swim Instructors can be found [here](#). All Aquatics employees receive a complimentary membership! Reach out to [Eric Hammermeister](#) with your resume or for more information on these opportunities.

[The Rivertowns Jewish Consortium and Beyond](#)

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#) and the [Westchester Jewish Council](#). Please check with the congregation websites (links above) for updates on closures and programs.

[Mishkan Ha'am](#)

Israeli Book/Film Discussion - "The Present" *May 16th, 11:00am - 12:30pm* This month's discussion will be on "The Present," a 40 minute film by Palestinian director Farah Nabulsi. We will view the film separately prior to the discussion, it is available on Netflix. The film shows the difficulties of daily life for Palestinians in the Israeli occupied West Bank. It is the story of a father and his young daughter, and what they encounter as they navigate their relationship and environment. It has been reviewed as touching and powerful. Please feel free to do research related to the film. If you need any assistance accessing the film on Netflix, please reach out to Penny Rosenblatt at 347-387-5451.

[Rosh Pinah Chavurah of the Rivertowns](#)

Kabbalat Shabbat on Zoom, Friday evening April 30 at 6:30pm(Lag B'Omer) with Guest Cantor Carl Sayres.
Contact: president@roshpinah.com

Tikkun Leil Shavuot on Zoom, Sunday May 16 from 8:00-10:00pm. Contact: president@roshpinah.com

Shavuot Services on Zoom, beginning at 9:30am Monday May 18 and Tuesday May 19 (with Yizkor). Contact:
president@roshpinah.com

Temple Beth Abraham: All activities take place on Zoom. Please contact the office to register at
info@TBA-ny.org

Bible Study: Wednesdays, 10:00-11:00 AM

Rabbi Holtz leads a class every Wednesday morning, which goes at its own pace through the Tanakh [Torah (Law), Nevi'im (Prophets) and Ketuvim (Writings)] in English. No previous knowledge is required, and you can join in at any point in the cycle.

Kabbalat Shabbat (Welcoming the Sabbath) Reform Evening Services *Fridays, 6:00 PM*

Join us for a warm and spiritual start to the weekend. The Service is available on our Livestream:
tba-ny.org/live-service-streaming

Shabbat Morning Conservative Services *Saturdays, 9:00 AM* Join our conservative minyan for services Saturday on Zoom.

Incarceration and the Arts *May 5, 2021 7:00-8:30pm* More than 2.3 million people are incarcerated in the US, a disproportionate number of them Black people. Join the Racial Justice Learning Group to discuss this disparity and to hear how Rehabilitation Through the Arts has helped so many, both in and out of prison. Guest speakers: Charles Moore, Director of Operations and Allison Chernow, Board Co-Chair, Rehabilitation through the Arts. Contact racialjusticelearninggroup@gmail.com for the Zoom link.

Book Club: A Replacement Life by Boris Fishman *Friday, May 14, 10:00am* Yevgeny Gelman, grandfather of Slava Gelman, "didn't suffer in the exact way" he needs to have suffered to qualify for the restitution the German government has been paying out to Holocaust survivor....Discussion led by congregant Linda Gerstman. Email info@TBA-ny.org.

Women's Circle

Friday, May 14, 5:00-6:00pm. Coffee Date (rescheduled from April). Name someone you'd like to spend a few hours with. You can focus on a character from the Bible, but let's face it, we've all watched a lot of TV and movies this year, so feel free to name someone from there. Share with us what you relate to and what you'd like to discuss. Members and Guests are welcome. For women and those who identify as women. Email info@TBA-ny.org.

Woodlands Community Temple

Shabbat Evening Service. *Fri, Apr 30 at 8:00 pm* - Join our clergy to welcome Shabbat at [facebook.com/wctemple](https://www.facebook.com/wctemple).

Jammin' Shavuot and First Fruits Blessing *Fri, May 7, 5:00-5:30 pm* – (on-site weather permitting). Every year we celebrate receiving the Torah at Mount Sinai and bring the littlest members of our community to the base of the mountain! If you have a baby born in the last two years who you'd like to bring for a blessing, email wct@wct.org to let us know. We'd be thrilled to have you. We'll be in-person, outside on the temple lawn. If it rains, we'll move to Zoom.

Shabbat Honoring our teachers and all educators. *Fri, May 14 at 7:00 pm* – Our annual celebration of learning. View at [facebook.com/wctemple](https://www.facebook.com/wctemple).

RELIGIOUS SCHOOL OPEN HOUSE *Sat, May 22, 1:00-2:00 pm and June 4 from 4:00-6:00 pm* Come learn about our Keshet Religious School Program. Meet our Rabbi and Educator. Tour the synagogue building RSVP at [wct.org/openhouse](https://www.wct.org/openhouse)

Graduation Shabbat *Fri, May 21 at 8:00 pm* – Honoring our 12th graders. View at [facebook.com/wctemple](https://www.facebook.com/wctemple).

The Jewish Agency

Host an Israeli Shinshin!

As more and more local Jewish organizations are going back to in-person programs, the Jewish Agency has decided to resume the Shinshinim program in Westchester. This coming fall, three amazing new Shinshinim will arrive in Westchester with the mission to bring Israel as close as possible. We are searching for families who will be interested to host a Shinshin for a few months during the school year (all are fully vaccinated). For more information on this exciting cultural exchange, please get in touch with [Nadav Shachmon](#), Director, Westchester Shinshinim Program.

Connect with us at www.shamesjcc.org



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