



January 15, 2021

**Shabbat Shalom!** We are so happy to announce that we have reached our goal of being able to provide 1000 Blizzard Boxes of nonperishable food to those in need. Thank you to the hundreds of families that signed up. But we did want to announce that we got an additional 200 boxes and there are still some left! With your help, we can DOUBLE the amount of boxes we provided last year—and this year the need is much greater (food insecurity in Westchester more than doubled since the start of the pandemic) so please help if you can. Likewise, if you or someone you might know would benefit from a Blizzard Box, please reach out to [Rabbi Ben Newman](#). We can't wait to see the community together virtually on Monday!

**Featured: Honor Dr. Martin Luther King Jr.'s Legacy with the Shames JCC**



**Limited Space: MLK Day of Service: Packing Blizzard Boxes to Address Food Insecurity**

*Monday, January 18, 2021; 1:00 – 2:00 PM*

It's been a tough year of extraordinary challenges. Let's come together as a community—and take action to make the world a better place. With your help, we can address local food insecurity, made worse by the COVID-19 pandemic. In previous years, this was a large in-person event at the Shames JCC but this year, participants will register for Blizzard Box kits to be picked up and then, on MLK Day, we will gather on-line together, as a community, to pack our boxes and learn about social justice, Judaism, and Dr. King. While we will miss seeing everyone in-person, the spirit of the

event will be as high as ever. For more information, please click [here](#).



**Special MLK Day Renard lecture with Tamara Fish (via Zoom)**

*Monday, January 18; 10:00 – 11:30 AM*

Tamara Fish (Harvard U., AB; Union Theo. Sem., MA; Columbia U., MPhil, ABD) is one of the leading voices on Jews of Color and the immediate past president of the Jewish Multiracial Network (JMN), the immediate past president of Congregation Tehillah, Riverdale, NY, and former Assistant Director of the Office of the University Chaplain at Columbia University. She enjoys assisting Jewish communities in actively including Jews of Color and investigating internal race relations constructively. Click [here](#) for details and to register.

## Reconnect with Community—Virtually Support One Another and Learn New Things!



### Coffee Talk

*Fridays; 10:30 AM*

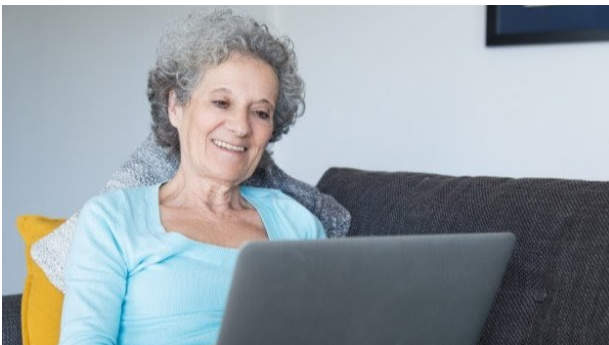
Join our welcoming and friendly group Friday mornings to virtually socialize and chat about a variety of subjects—past subjects have included food, holiday celebrations, the pandemic, among others. Conversations are casual but facilitated by Rabbi Ben Newman. Please email [Ben Newman](#) for more details and click [here](#) to register.



### Virtual Parents & Caregivers “Schmooze” (parent support group)

*Monthly on Wednesday; 7:00 – 8:00 PM ; next meeting is January 20*

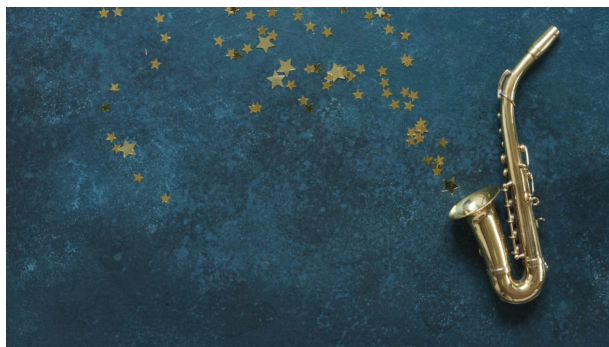
While the love for our children is unwavering, raising a child with a disability offers a unique set of challenges. We understand the importance of parents and caregivers to have a network of people who can relate to them. Join us and connect with other parents & caregivers while having a bit of fun and still practicing social distancing. Facilitated by Amanda Gabel, LMSW, and Shames JCC’s Director of Special Needs Services. For more information please contact [specialneeds@shamesjcc.org](mailto:specialneeds@shamesjcc.org).



### Westchester Circles (with the UJA)

If you’re looking for new and interesting ways to meet people, you’re not alone. Join us for Westchester Circles, a 60+ community. This program offers a variety of small virtual groups created around common interests. Topics include current events, Jewish studies, cooking, architecture and many more! Groups will be starting this January and are designed to both meet your interests and build new friendships. Click [here](#) for details.

## Also Coming Up!



### The Oldies, Jazz, Motown and Soul with vocalist Reginald

*Monday, January 25; 10:00 AM – 11:00 AM*

A super talented and exciting singer, Reginald brings you his gift in song and music. With a crisp and charming baritone voice, Reginald gets you moving and grooving to the Oldies, 40s-70s hits, Jazz standards, Soul, Motown, and Adult Contemporary. Influenced by the great Barry White, Smokey Robinson, and Luther Vandross, Reginald’s intent is to motivate and uplift your spirits through all his performances! Click [here](#) for more details or to register.



## We're Hiring!

### American Red Cross Trainers (\$30 – \$35/hr)

We're looking for an American Red Cross Instructor to lead all Health & Safety courses. The perfect candidate will create a fun, safe, and inviting learning environment to ensure a positive member experience in accordance with the JCC policy and American Red Cross guidelines.

Please see our [website](#) for more details or email Ryan [Manahan](#).



### Personal Training: Virtual, In-person, or Triathlon

Our personal trainers are ready to get you in top form—at the JCC or virtually. And our trainers are certified to offer a variety of programs for all fitness levels and goals—so whether you want to pump iron like Arnold or work on balance, participate in a triathlon, or help heal an injury—they can help you help improve your health and enhance your quality of life.

Please see our [website](#) for more information and rates. Contact [Lisa Bruskin](#) to discuss your health needs and schedule and orientation.

## Previously published in case you missed it!



### Camp 12 Trails Registration is open! **Early bird discount that can save you up to \$600 ends January 31!**

*Entering K – teen programming*

Give your kids the great outdoors and the summer of their life in nature in the expansive Henry Kaufmann campgrounds! The Camp 12 Trails team has been working diligently to ensure camp runs for 2021 with proper COVID-19 safety protocols in place. Upon registration, campers select from different pockets of interest (like sports, arts, adventure, and

more!) we call "[Neighborhoods](#)." This concept allows campers to strengthen their skills in their favorite specialty while also encouraging them to explore new areas. Space will be very limited both at camp and on the buses this year, so please register early to secure your spot (spots are filling up and some groups close to capacity already). Members receive discounts. Click [here](#) for details. Comprehensive, albeit evolving, COVID-19 plans can be found on the website.



### River Friends Day Camp

*Ages 3 – 6*

The Shames JCC is thrilled to announce that in the summer of 2021, River Friends Day Camp will be back in action, keeping campers safe and engaging them with fun activities all day. Over the past few months, we have been working closely with the NYS DOH and have implemented strict COVID-19 mitigation protocols throughout our facility that we will readily adapt to fit River Friends' specific needs. We

are proud to serve the River Friends community and can't wait to see your children's smiling faces again! Look out for registration information VERY soon! Click [here](#) for details.



#### **Vote for us in Best of Westchester for Westchester Magazine!**

Are we your favorite Fitness Center? The best Early Childcare Center in Westchester? Let your voice be heard in Westchester Magazine's "Best of Westchester" awards! Also, there are many categories so please vote for your other local favorite restaurants, stores, florists, and more! Click [here](#) for the Health & Fitness category, [here](#) for children's programs, and explore all of the categories [here](#).

#### **The Rivertowns Jewish Consortium and Beyond**

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#). Please check with the congregation websites (links above) for updates on closures and programs.

#### **Greenburgh Hebrew Center**

**Renewable Energy in the Home: What Types of Renewables Can I Use in my Home? Sunday, January 24, 11:00 AM.** Experts in the field who will talk about Geothermal and Solar Energy options to help make your home more energy efficient and to help you curb use of fossil fuels. Free. To receive the Zoom link, please email: [Greening@g-h-c.org](mailto:Greening@g-h-c.org)

#### **Mishkan Ha'am**

**Havdallah - Protest: Looking Back and Forward January 23rd, 7:30 – 8:45 PM** As has been the Mishkan Ha'am tradition, we will dedicate the Havdallah following Martin Luther King Jr. day to his legacy. In the past year, we have seen global protests for racial justice throughout the world, still seeking to make Dr. King's dream a reality in the face of continued racism. For this program, we invite attendees to bring a piece of protest to share with the group on zoom. It could be a story, song, image, piece of art etc. - connected to your own story, or something that struck you in the news. Each person will have a few minutes to share their contribution with the community. We will discuss how these contributions might inspire further protest in 2021. Visit [www.mishkanhaam.org](http://www.mishkanhaam.org)

#### **Shabbat Service/Tu B'shvat Green Fair with She'arim January 30 10:00-11:30 AM**

Following the holiday of Tu B'shvat, the Jewish holiday celebrating the birthday of the trees, we will focus our service on environmental themed liturgy and readings. Our She'arimers and Shabbatpaloozers will join us and present their Green Fair projects. Each student selects an environmental cause and shares it with the community. This is a highlight of the Mishkan Ha'am year and we hope you'll join us for this intergenerational morning.

Visit [www.mishkanhaam.org](http://www.mishkanhaam.org)

**Temple Beth Abraham: All activities take place on Zoom. Please contact the office to register at [info@TBA-ny.org](mailto:info@TBA-ny.org)**

**Bible Study: Wednesdays, 10:00-11:00 AM**

Rabbi Holtz leads a class every Wednesday morning, which goes at its own pace through the Tanakh [Torah (Law), Nevi'im (Prophets) and Ketuvim (Writings)] in English. No previous knowledge is required, and you can join in at any point in the cycle.

**Kabbalat Shabbat (Welcoming the Sabbath) Reform Evening Services *Fridays, 6:00 PM***

Join us for a warm and spiritual start to the weekend. The Service is available on our Livestream: [tba-ny.org/live-service-streaming](https://tba-ny.org/live-service-streaming)

**Shabbat Morning Conservative Services *Saturdays, 9:00 AM***

Join our conservative minyan for services Saturday on Zoom.

**Racial Justice Learning Group *January 20 and January 27, 7:30-8:30 PM***

For four weeks in January, participants will do 30 minutes of homework, and then we'll come together weekly for an hour to discuss what we've learned and how we feel about it. Please join our two congregant moderators on this important journey toward racial justice. Contact: [racialjusticelearninggroup@gmail.com](mailto:racialjusticelearninggroup@gmail.com) to sign up!

**Women's Circle *January 22, 5:00-6:00 PM Mothers and Daughters:*** Join us as Ilana Tolpin Levitt, LPC, LMHC, leads a discussion about the mother-daughter relationship. Ms. Levitt is certified by the National Career Development Association as a Certified Career Counselor (CCC). She is proactive, intuitive, practical, results-oriented, and has a holistic approach to career development. She is the author of "What's Mom Still Got To Do With It?: Breathe New Life into Your Career By Understanding Your Mother-Daughter Relationship." You do not need to be the mother of a daughter to participate.

Members and Guests are welcome. For women and those who identify as women. There is no charge for this program. For more information please email [tbawomencircle@tba-ny.org](mailto:tbawomencircle@tba-ny.org).

**Trivia Night III *January 23, 2021, 7:00 PM*** A family FUN-draiser! Back by popular demand! So much fun we're doing it again! New trivia categories and questions! \$20 per family or team (per Zoom link) First, Second and Third place teams will receive Amazon gift cards as prizes!

50/50 Raffle tickets: \$10/ticket, 5 tickets for \$40 Click [here](#) to register and/or buy raffle tickets.

**Michael Palmer, "Eric Mendelsohn's Synagogues in America" *January 26, 2021, 7:30 PM***

Temple Beth Abraham's Adult Education Committee invites you to hear from Author Michael Palmer as he discusses his book, "Eric Mendelsohn's Synagogues in America." In the post-war and post-Holocaust climate, the duality of Jewish and American identity became more crucial than ever, and congregations were eager to express their integration into a modern America through their buildings. Between 1946 and 1953, the German-Jewish architect Eric Mendelsohn (1887-1953) designed and built synagogues that soon became the benchmark of modern American synagogue architecture.

Mendelsohn's work is recorded in exquisite detail by Michael Palmer, a photographer whose work has explored the architectural legacy and relevance of the German Jewish exodus from Germany in the 1920s and 1930s.

Registration required. Email [adulted@tba-ny.org](mailto:adulted@tba-ny.org) for more information.