



Harold & Elaine
Shames
Jewish
Community
Center
on the Hudson

ADULT PROGRAMS

March - June 2018

Highlighting programs from 8:00 AM - 4:00 PM

Move! Learn!
Connect!

Adult Programs

March through June 2018

EATS AND ENTERTAINMENT

Register in advance in person, by phone, or on our website. On the first Monday of the month enjoy lunch with entertainment. Get each month's menu at www.shamesjcc.org and click on "CONNECT."

First Monday of the month

12:00 noon to 1:30 PM

Library, Legacy Building

Member \$20; Non-member \$25



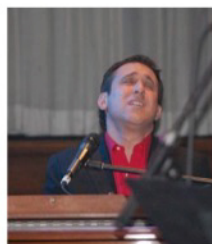
Music and Song with Mark Cummings: Broadway and Hollywood

March 5

Even if his name is not so memorable, Harry Warren wrote some of the most enduring songs for Hollywood and Broadway, among them "Lullaby of Broadway," "Jeepers Creepers" and "You Must Have Been a Beautiful Baby." Highly regarded among his peers, Harry Warren was, among other distinctions, a director of ASCAP and an elected member of the Songwriters Hall of Fame. Lu Gmoser will be our guest for lunch.

With his own special style, Mark Cummings further enhances Harry Warren's songs. Mark is well known to Westchester's audiences. He appeared in Westchester Broadway Theatre's "Aida," performed in various roles with Asbury Summer Theatre, featured in the Three for the Show ensemble, and has created his own cabaret act, which has been seen in Manhattan and Westchester.

Pianist Donna Cribari is a welcome presence in community theatre as accompanist and music director.



Music and Song with Randy Herman: The Piano Man

May 7

Ride a lively musical wave of funky piano music, folk rock, and old-school pop. Randy Herman rides a musical wave of funky piano music, folk rock, and old-school pop, writing and performing songs for piano and vocals nonstop since the age of 11.

Randy Herman, pianist, singer, and songwriter, has recorded and produced videos of his own songs, and has performed throughout the world. While working as a professional musician, he became increasingly interested in Judaism,, eventually attending Cantorial school at the Jewish Theological Seminary. He was ordained in 2008, and has served for the last eight years as cantor of Bet Torah, a Conservative synagogue in Mount Kisco, NY.

Music and Song with Orit Dahari: Popular Musicals

June 4

Orit will be singing songs from popular musicals including Carousel, Oklahoma!, and The Sound of Music by Rodgers and Hammerstein, West Side Story by Bernstein, and more! A Columbia University graduate, Orit Dahari has performed with the Amato Opera Company, NYC, and has trained with prominent Metropolitan Opera singers. She enjoys sharing the joy of music with audiences around the world. Pianist: TBA

"ENGAGE" PROGRAMMING

Make friends and help the community! This is what the Engage Jewish Service Corps of UJA-Federation is all about. Have fun and be inspired by community-building programs which include a book and discussion group, arts & crafts projects, speakers and more. Volunteer! Use your skills and passion to address issues you care about like poverty, hunger, the isolated elderly, and children and adults with special needs. Contact Melissa Baer at mbaer@shamesjcc.org or give her a call at 914-366-7898 x 1124 to learn more.

Crafts Sponsored by Engage

Once a month Thursdays

12:00 noon - 1:30 PM, Youth Lounge

Free for Engage and JCC members; Non-members \$10

RSVP in advance

March 1 Gift Card Making for Dorot Holiday Package Delivery

April 5 Create a "Circle of Life" Weaving Project

May 3 Make Pet Toys for: Adopt-A-Dog in Armonk and Paws Crossed in Elmsford

June 7 Design a Mosaic Frame

FOUR WEEK LECTURES

Register in advance in person, by phone, or on our website.

Golden Age of Opera with Irwin Elkins

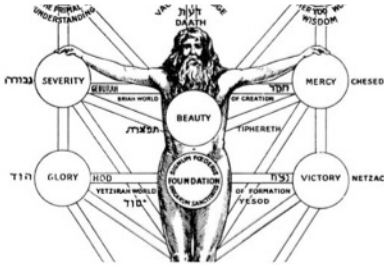
4 Fridays, March 2, 9, 16, 23

10:30 AM - 12:00 noon

Members \$60; Non-members \$72

The mid-to-late 19th century was a "golden age" of opera. Explore the stories of the operas and the lives of the composers who wrote them such as Verdi, Puccini, Rossini and more. Hear the singers Enrico Caruso and Maria Callas from the many recordings Elkins has collected over the years. Get a behind the scenes look at the Metropolitan Opera where Elkins was a standee for many years.

Irwin Elkins is a musicologist with an extensive collection of opera recordings. He teaches courses in opera appreciation and is a lifelong opera buff. He created, and manages, the Omega Opera Archive website.



Kabbalah: Its Traditional Texts and Historical Practice with Ze'ev Aviezer

4 Fridays, April 6, 13, 20, 27

10:30 AM -12:00 noon

Members \$60; Non-members \$72

Kabbalah is an ancient Jewish interpretation of the Bible and not, as is commonly believed, mysticism. Through the study of essential Jewish mystical and kabbalistic source texts, dating back to the 2nd century B.C.E, including *Sefer Yetzirah (Book of Creation)*, *Sefer Bahir (Book Illumination)* the first Kabbalistic text, *the Zohar* and many

other fundamental Kabbalistic texts, this course will explore Kabbalah's pre-history and history, evolving rituals, traditions, and intriguing personalities. We will end by surveying Kabbalah's relevancy to us today and answer the question... Is Madonna a Kabbalist?

Ze'ev Aviezer is an Adult Jewish Educator from Hebrew Union College-Jewish Institute of Religion. He teaches adult education courses for Scarsdale Adult School, Larchmont Mamaroneck Continuing Education, and at Mid-Westchester JCC, Greenwich JCC, Beth El Synagogue, Larchmont Temple and for WAJE (Westchester Adult Jewish Education).

The First World War

4 Fridays, May 4, 11, 18, June 1

10:30 AM -12:00 noon

Members \$60; Non-members \$72

Among the topics to be investigated:

- The role of the United States during the First World War, both "over there" and "over here," and the war's impact on American civil liberties and on the American pacifist movement. (The Villards of Dobbs Ferry were leaders of that movement.)
- The ambitions and fears which prevailed among the Great Powers in the years prior to August, 1914, and which finally led to war.
- The strategies adopted by military leaders during the fifty-two months of war, which was fought on at least 12 fronts, and which led to casualties on an unprecedented scale.
- The monumental changes which occurred as a consequence of the war.

In each of the 4 sessions we will consider the literature generated by the war, with emphasis both on European and American authors.

*Richard Borkow is the village historian of Dobbs Ferry and a trustee of the Dobbs Ferry Historical Society. He is the author of the 2011 book, *George Washington's Westchester Gamble*, published by The History Press, and of *Westchester County New York's Role in the Revolutionary War*, which appeared as a feature article in *Westchester Magazine* in July, 2013.*



Adult Programs

March through June 2018

RENARD LECTURES

This intimate lecture series offers a unique opportunity for audiences to hear from scholars and experts in their fields. Presenters offer stimulating, informative, engaging, and unique insights in music, literature, art, history, sports, film, archeology, and pop culture, and more.

The series is open to all and geared toward people 50 years of age and older, seeking a cultural and intellectual experience.

Join us once or participate each week!

Every Monday, 10:00 to 11:30 AM

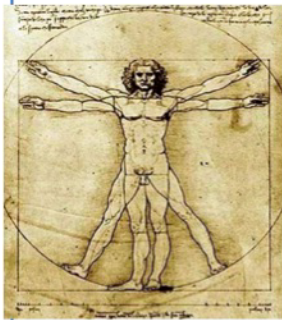
Doors open at 9:30 AM

Library

Fee: \$5 per person per lecture

NO advance registration required.

Renard Lectures are made possible in part by a grant from the Henry H. Renard Foundation, sponsors, and program participants. *Thank you!*



The Golden Section and its Role in Art, Architecture, and Nature

Monday, March 5

"The Golden Section" also known as the "Golden Ratio" is considered to be a curiosity of Mathematics. Maybe it should be considered as Aesthetics. Either way, it displays the universal beauty embedded in art and nature as well as in numbers. Math

phobic's take heart and experience the rush of math shattering its cocoon. *Wally Glickman is an emeritus professor of physics at Long Island University. His interests include the history and philosophy of physics, poetry and Tai Chi. He's offered courses on Einstein and at the Learning Collaborative of Rockland County. He is the director of the film "Reflections of Einstein".* Fee: \$5 per person

Jews, Nazis, and the Cinema of Hungary, 1929-44

Monday, March 12

"Without the Jews, how will we produce Hungarian culture?' This talk will cover the birth, unexpected ascendance, and wartime collapse of Hungary's cinema and place it within a peculiar international temporal context. This episode brought together Hungarian cultural and political elites, Jewish film professionals and financiers, Nazi officials, and global film moguls in a strange dance macabre. Although intended to contribute to forging a new national culture, Hungary's film industry found itself propelled to

unprecedented heights by war even as it became mired in contradictions of its own making, buffeted by racial nationalism based in anti-semitism, and flummoxed by the vagaries of capitalism. *David Frey's recent book is Jews, Nazis, and the Cinema of Hungary: The Tragedy of Success, 1929-44. He is a Professor of History and Director of the Center for Holocaust and Genocide Studies at the United States Military Academy at West Point. His articles have appeared in numerous journals and edited volumes, including the Journal of Contemporary History and the award-winning Cinema and the Swastika. He is a two-time Fulbright Scholar, and his current research involves Hungarian-American relations between 1944 and the early 1950s. As Director of the Center for Holocaust and Genocide Studies at West Point, he spearheading Inter-academy efforts to integrate Holocaust and Genocide Studies into the curricula of the service academies and helps the Department of Defense develop education and training programs related to understanding and preventing mass atrocity.* Fee: \$5 per person

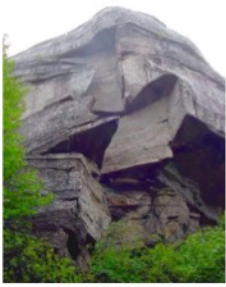


Harlem Renaissance

Monday, March 19

A retrospective on the Harlem Renaissance which will cover the growth of Harlem during the turn of the century. We will explore how the great migration of African Americans from the South and Caribbean affected the political, artistic and cultural landscape of Harlem making it the place to be in New York. We will discuss the political beginnings of the NAACP led by W.E.B. Du Bois, the poetry of Langston Hughes, and the art work of Aaron Douglass and other notable artists, musicians, and trailblazers of the time. *Charlese Randolph is the owner of Modern Moves (2008), and a dance and exercise fitness consultant. She teaches dance, exercise and fitness to students at Meals on Wheels of Rockland, Haverstraw Head Start, Smarty Pants Day Care, and middle schools throughout Rockland. She educates students on the mechanics of the body, and the history of dance styles including African, Modern and Ballet. She brings love for dance and theater history to adult students through classes on the Harlem Renaissance and Broadway Musicals at RCC Senior Institute and Learning Collaborative in Rockland County.* Fee: \$5 pp

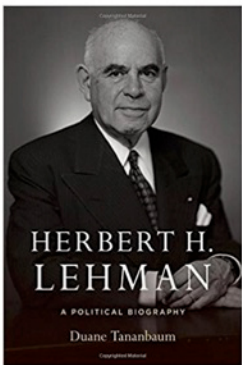




Geology, Paleontology and Biodiversity of the Shawangunk Ridge at Mohonk Mountain House in the Hudson Valley
Monday, March 26

Learn how to read the earth's history as recorded in the rocks, including signs of earthquakes, evidence of glaciation and, fossils preserved in ancient rock strata. We will see how fossils provide evidence that

America and Africa were once a single continent. Explore the biodiversity of the 'Gunks,' such as which animals inhabit the region, which are dangerous to humans and, which plant can take the sting out of a scrape. Specimens will be on display including, a dinosaur footprint from New Jersey, local invertebrate fossils and, a means of determining an animal's diet by looking at its dentition. *Howard R. Feldman is a Research Associate in the Division of Paleontology (Invertebrates) at the American Museum of Natural History (AMNH) and a professor in the Biology Department of Touro College in New York City. Dr. Feldman has received numerous grants for his work (e.g. National Geographic Society), has over 150 publications, and is a reviewer for the National Science Foundation, Lerner-Gray awards (AMNH) and others. He is a Fellow of the Geological Society of America, and member of the International Palaeontological Association, Paleontological Society, Palaeontological Association and New York State Geological Association. His first book, deals with the paleontology of the Israel and adjacent countries and his second book discusses the paleontology and geology of the Hudson Valley. He is currently working on a book on the geoarchaeology of Israel. Dr. Feldman lectures twice a year to the guests at Mohonk Mountain House in New Paltz, New York, and to various corporations. Fee: \$5 per person*

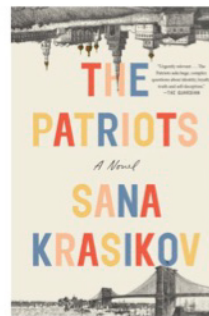


Herbert H. Lehman: A Political Biography
Monday, April 2

When a writer for *Look* Magazine asked American Jews in 1955 to name the "top five leaders of U.S. Jewry," Herbert H. Lehman was the only person to appear on every list. Between 1928 and 1950, Lehman was elected Lieutenant Governor of New York twice, Governor of New York four times, and United States Senator twice. He also served as Director General

of the United Nations Relief and Rehabilitation Administration during World War II, and he led the reform movement that

overthrew Carmine De Sapio and the political bosses who had controlled the Democratic Party in New York for decades. Explore how Lehman's Judaism influenced his personal beliefs and his political career as one of the leading liberal icons of the mid-twentieth century. *Duane Tananbaum is a professor at Lehman College and has taught United States History since 1986, where he was just recognized as Lehman's Teacher of the Year for 2017. In 2016, Professor Tananbaum published Herbert H. Lehman: A Political Biography (SUNY Press), the definitive biography of the man for whom Lehman College is named. His 1986 article on the "Bricker Amendment Controversy" won the Stuart L. Bernath Prize awarded by the Society for Historians of American Foreign Relations, and his book on the same topic was published by Cornell University Press in 1988. He has written numerous articles on the War Powers Resolution and congressional-presidential relations in foreign affairs, and he is the recipient of grants from the Edith A. and Herbert H. Lehman Foundation, the Franklin and Eleanor Roosevelt Institute, the Harry S. Truman Institute, and the John F. Kennedy Library. Fee: \$5 per person*



The Patriots: A Riveting Evocation of the Cold War Years ... Americans in Russia, or the biggest Jewish fundraising campaign you've never heard of
Monday, April 9

An idealistic young American woman heads for the Soviet Union in 1934, with consequences that reverberate through three generations of one Jewish family. It is an epic that takes us from Stalin's era

to America to the oil-rich world of New Russia. "Urgently relevant. The Patriots asks huge, complex questions about identity, loyalty, truth and self-deception." —The Guardian *Sana Krasikov, of Hastings-on-Hudson, was born in Ukraine and grew up in the former Soviet republic of Georgia and in New York. In 2017 she was named one of Granta's Best Young American Novelists. Krasikov's debut story collection, One More Year, was a finalist for the 2009 Hemingway Foundation/PEN Award and the New York Public Library's Young Lions Fiction Award. It received a National Book Foundation '5 under 35' award and won the 2009 Sami Rohr Prize for Jewish Literature. To research THE PATRIOTS, Sana traveled to oil fields in Texas and KGB record warehouses in Moscow. Fee: \$5 per person*

Adult Programs

March through June 2018

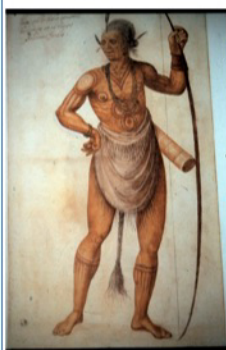


History of the Jewish Labor Movement In America Through Song And Poetry - Lecture and Performance

Monday, April 16

Maddy Simon will be discussing the early beginnings and growth of the Jewish Labor Movement and the events and people that influenced it. She will be illustrating her talk

through songs, piano, and poetry in Yiddish with English translations. *Maddy Simon is a fluent Yiddish speaker with a graduate degree in music. She has an extensive Yiddish education in literature, history and culture. She leads the adult Yiddish Conversation and Culture class at the Shames JCC. Sponsored by the Novins Family. Fee: \$5 per person*



Understanding Past Native American Cultures in the Hudson Valley through Archaeology

Monday, April 23

The presentation will examine Native American cultures and adaptations in the southeastern New York region from the area's earliest occupation by humans, at least 13,000 years ago, to the period of initial European exploration. Changing climate and environmental settings over

that time, particularly the end of the last ice age and the appearance of an essentially modern climate, as well as population movements, resulted in the development of many prehistoric cultures and diverse life ways.

Archaeologists refer to these specific timeframes and associated cultures as the Paleo-Indian (11,000 – 6,500 BC), Archaic (6,500 – 1,000 BC), Woodland (1,000 BC – AD 1,500), and Euro-American Contact periods (AD 1,500 – 1,650).

Eugene Boesch, of Mahopac, has undertaken archaeological investigations in the Hudson Valley area for 30 years. His work has primarily focused on Native American cultures and adaptations in the Eastern Woodlands of North America and on early Euro-American settlement in the Hudson Valley region. He has also worked in Israel, California, and the Illinois River Valley. Dr. Boesch teaches at Adelphi University and Westchester Community College, and is a member of the Westchester County Historic Preservation Advisory Committee and the Putnam County Historic Preservation Advisory Commission. Fee: \$5 per person

Pagliacci: a Clown Tragedy

Monday, April 30

Pagliacci is wonderful opera is about the eternal love of a famous clown for his wife and his discovery of her unfaithfulness. The opera is world famous and many great tenors, like Enrico Caruso, have sung its thrilling music. Recorded music will enhance Dr. Elkins talk. *Irwin Elkins is a musicologist with an extensive collection of opera recordings. He teaches courses in opera appreciation and is a lifelong opera buff. He created, and manages, the Omega Opera Archive website. Fee: \$5 pp*



From Depression to Exultation: American Music In the 1930's

Monday, May 7

Americans in the 1930s may have been economically down but musically they emerged in high spirits. The decade witnessed the first socially conscious songs and some of the best dance music ever recorded.

Join us for a look at the decade in American music as we start out by asking if you can "spare a dime" and finish with a voyage "over the rainbow".

Michael Shamosh is a musician and historian of American music. He is a lecturer at Westchester Community College Collegium for Lifelong Learning. Fee: \$5 per person



Songs of Steven Sondheim

Monday, May 14

A true wunderkind, Sondheim rose to fame as a protégé of Oscar Hammerstein II and the lyricist for *West Side Story*. He went on to become America's most prolific and controversial playwright, lyricist and composer. Was he an *enfant terrible* or a genius? We will seek an answer to this question song by song, show by show, assisted by filmed interviews with Sondheim himself. *Arthur Aldrich is the founder, editor, and publisher of the Our Town newspaper. In the 1950s, he was stage manager of an off-Broadway theater and technical director of the Volksbühne Theater on the Lower East Side. He was an adjunct professor at Rockland C. C. and has taught more than 60 Elderhostel and adult education courses. Fee: \$5 pp*

EXPERIENCES IN ART AND CRAFT

Register in advance in person, by phone, or on our website.



Mixed Media Art Creations with Renee Shamosh

4 Fridays
 April 6, 13, 20, 27
 June 1, 8, 15, 22

10:30 AM - 12:00 noon

Youth Lounge

Members \$100; Non-members \$120 per session
 Additional \$20 materials fee payable to instructor on
 the 1st visit.

Learn a new technique each week using a variety of
 materials including colored pencil, pastel, watercolor, acrylic,
 and collage. No fine art, drawing skills, or previous
 experience is necessary.

Polymer Clay: Buttoning up with Renee Shamosh

Monday, April 9
 12:30 PM - 2:30 PM

Youth Lounge

Members \$35; Non-members \$40

Additional \$10 material fee is
 payable to the instructor
 at the beginning of class.

Create your own one of kind
 buttons using polymer clay.
 Liven up an old garment with
 your new creations. Each
 workshop will include all
 materials you need to finish
 your pieces.



Polymer Clay: Pin it on with Renee Shamosh

Monday, May 14
 12:30 PM - 2:30 PM

Youth Lounge

Members \$35; Non-members \$40

Additional \$10 material fee is payable to the instructor at the
 beginning of class.

Create your own one of a kind pins using polymer clay. Go
 home with a gift you have made yourself. Each workshop will
 include all materials you need to finish your pieces.

Wonders in Watercolor with Renee Shamosh

5 Mondays
 April 23, 30, May 7, 14, 21
 6:30 PM - 8:30 PM

Youth Lounge

Members \$175;

Non-members \$200

When you register, a list of materials will be emailed to
 you. Please have supplies available before the first class.

Take the mystery out of watercolor painting in a fun and
 relaxed setting. Young adults and those young at heart from
 16 to 99 and all experience levels are welcome. Classes will
 focus on each student personal needs and goals, and will
 include demonstration, painting and critique.



*Renee Shamosh is a multi-media artist with over 30 years of
 art teaching experience. As a high school chairperson of
 communication and fine arts, she collaborated with artists
 specializing in painting, sculpture, ceramics, and
 photography. An avid gardener, Renee uses elements of
 nature as inspiration in her work.*

Acrylics on Wood with Angela Lee

4 Fridays
 March 2, 9, 16, 23
 10:30 AM - 12:00 noon

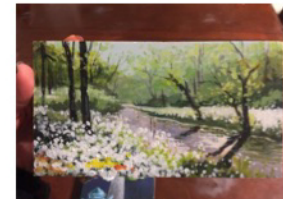
Youth Lounge

Members \$100; Non-members \$120

Additional \$20 materials fee payable to instructor on
 the 1st visit.

Try your hand at drawing and painting in this class for
 all-levels of experience. Participants will learn basic drawing
 and color mixing, and will receive a sound foundation in
 acrylic technique and composition. Join this class to express
 yourself and develop artistic skills.

*Angela Lee majored in fine art in South Korea. She works in
 and teaches acrylic, watercolor, drawing pencil, and oil
 paints. Her work was exhibited at the Verdi Art Music
 Academy in NJ.*



Adult Programs

March through June 2018

EXPERIENCES IN ART AND CRAFT CONTINUED

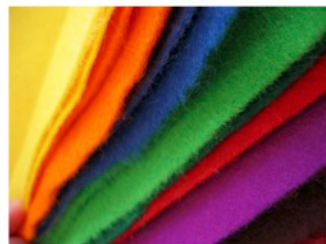
Renew and Reimagine Textiles with Linda Paver

Thursday, March 15

12:30 PM - 2:30 PM

Members FREE; Non-members \$10 Materials included.

Give clothes a new lease on life. Re-imagine and craft hand-made treasures by using your unique creativity to reinvent textiles into clothing, accessories, and art. Design, cut, sew, glue, unravel, and embellish. Examples will be provided for inspiration. Explore the beauty found in turning the old new again and support sustainability which is the philosophy of Eileen Fisher, Inc. Eileen Fisher, Inc., and community members, generously donated the clothing and trimmings that will be used in these workshops.



Create Bead Woven Jewelry with Amy Kanarek

4 Wednesdays, April 18, 25, May 2, 9

10:30 AM – 12:00 noon

Youth Lounge

Members \$100; Non-members \$120

Additional \$20 materials fee payable to instructor on the 1st visit.

Rekindle your creativity as you learn the basic stitches for making stunning jewelry with colorful glass beads. Amy will guide you as you explore this limitless art form! Participants can progress from beginner to advanced intermediate with a particular stitch. Each project will build on the skills acquired in the previous project.

Amy Kanarek designs and sells beadwork she crafts by appointment, at craft shows, at fundraising events, and online. She teaches bead weaving workshops in local libraries at community centers and privately.

Handcrafted Gourd Vases with Beth Kane

Wednesday, April 11

12:00 noon - 2:00 PM

Youth Lounge

Members \$65; Non-members \$70

Additional \$20 material fee is payable to the instructor at the beginning of class.



After learning how a gourd is transformed from a vegetable to vase, with step-by-step instruction you will artistically transform your own prepared gourd into a piece of art using wood-burning and ink / paint techniques either free-form or with the assistance of stencils or stick-n-burn image transfers, as you wish. "Take home" supplies will be provided for students who are unable to complete their gourd in the time allotted. Take advantage of this unique opportunity to learn a specialized craft. Class is limited to 8 participants.

Beth Kane is a lifelong wood, gourd and fiber crafter fully dedicated to animal rescue and welfare. With a passion for color, texture, and all living things, she creates lush jewelry, accessories, and home goods, while applying all profits to support the needs of the many rescued animals on her small farm, including dogs, cats, horses, and one hilarious house rabbit. While

GAME INSTRUCTION

Register in advance in person, by phone or on our website.



Mah Jongg for Beginners
 4 Tuesdays
 March 20, 29, (Not April 3)
 April 10 and April 24
 12:30 PM -2:30 PM
 Members \$135;
 Non-members \$160

Rose makes the game fun and accessible by systematically breaking down the multi-layered components of the game into easily understood segments. You'll soon be trading tiles with the mavens!

Rose Asprea is a member of the National Mah Jongg League. She is an avid player/enthusiast for over 20 years and has been teaching for over 5 years. Her passion for the game continues to grow for this ancient, popular Chinese tile game. Following the western style of play and the National Mah Jongg League rules, she has taught hundreds of new players throughout Westchester County.

Canasta for Beginners
 4 Thursdays
 March 8, 15, 22, 29
 12:30 PM - 2:30 PM
 Members \$135; Non-members \$160

Come and learn this easy to understand yet challenging game. New students will learn the flow of the game, how to create melds, point values, scoring and going out, as well as tips on strategies to help your partnership come out ahead.

Carol Bennett started playing canasta at an early age with her mother and grandmother. She teaches at synagogues, homes and the Chappaqua Adult Center.



We offer a comprehensive program of health and wellness, fitness and swim. Here are just a few of our exercise and swim classes that you may enjoy:

GROUP EXERCISE

Arthritis Fitness with Deidre
 Chair Yoga with Bari
 Gentle Yoga with Ilsa
 Senior Strength & Cardio with Guild
 Zumba Gold with Karie

Visit www.shamesjcc.org website for a full schedule.

AQUATIC EXERCISE

Aqua Arthritis
 Hydro H.A.T Swim



The new Shames JCC All-Inclusive Membership includes full access to our new fitness center, two heated pools, gymnasium, Mind/Body studio, Cycling studio, Group Exercise studio, full service locker rooms, personal training assessments, and much more!

Additional Membership options are available.

For more information, please visit with one of our Membership Specialists or call (914) 366-7898.

Adult Programs

March through June 2018

MEN'S CLUB

In this club, retired professionals and executives enjoy fellowship, stimulating lectures and performances, and a healthy exchange of ideas over coffee and bagels.

Every Wednesday

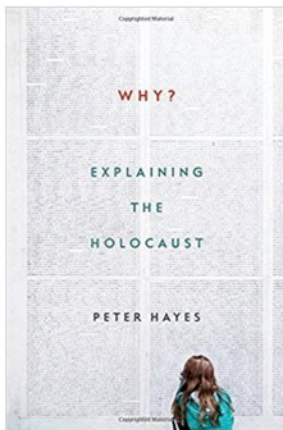
9:45 AM - 11:30 AM

\$65 for the season through June 30

Library, Legacy Building

JCC membership required for on-going attendance.

- No advance registration required
- Both men and women are welcome as guests
- In case of inclement weather, please call (914) 366-7898 after 8:00 AM



Why? Explaining the Holocaust – A 1 hour film

March 7

In this one hour film, Peter Hayes who specializes in the histories of Nazi Germany and the Holocaust discusses the most commonly asked questions about the Holocaust. In clear prose informed by an encyclopedic knowledge of Holocaust literature in English and German, Hayes weaves together stories and statistics to heart-stopping effect in the book he wrote called "Why?

Explaining the Holocaust." *Why?* is an

authoritative, groundbreaking exploration of the origins of one of the most tragic events in human history.

Open Meeting

March 14

Topics of current interest will be discussed by the Men's Club members and their guests.

Dr. Alan Schramm will Talk about his Experiences

March 21

Dr. Alan Schramm joined the JCC with his wife Ann Adenbaum in 2016 and is a member of the Men's Club. He is a forensic physiologist with a background in providing sworn expert testimony in over 450 criminal and civil cases. He is licensed in California and New York, with Master and Doctorate Degrees in Clinical Psychology. Since 2003 he is an Associate Professor of graduate and undergraduate courses in John Jay College of Criminal Justice in NYC. He served as a US Marine Corps Officer and Naval Aviator for ten years. He flew 727 combat missions in Vietnam. Among numerous medals, awards and aviation achievement decorations, he was awarded the Distinguished Flying Cross, the Bronze Star Single Mission Air Metal, 35 Strike/Flight Air Metals and the Vietnamese Cross of Gallantry (Gold Star).

Tell It to the Judge: Attorney and Ardsley Village Justice Walter Schwartz

March 28

Recently retired Ardsley Village Justice Walter Schwartz will provide insights and answer questions about local justice courts. He will also talk about his experience as a local justice for 36 years.

An evening program...

ROSH CHODESH WOMEN'S GROUP

A dynamic discussion group for women of all ages with Rabbi Lisa Izes.

One Tuesday each month

Mar 20, Apr 17, May 15

7:30 PM to 9:00 PM

Library

Members: \$5 per session; Non-members: \$10 per session



Be part of our Rosh Chodesh group and join an awesome group of women, once a month, for an engaging evening of intense conversation, learning, and laughing. Each session has a unique flavor and a Jewish lens, from discussions about books and current events to film screenings and sharing our traditions. Enjoy tea and a nosh as you share your perspectives and formulate new

SUNDAYS WITH GEORGE KRAUS

Join this popular monthly reading of original poetry by local authors as well as tributes to established poets.

Sundays

March 18, April 29, May 20

1:30 PM to 3:30 PM

Library, Legacy Building

Members FREE, Non-Members \$10

George Kraus, Ph.D., published author and poet, Moderator, holds a doctorate in Hispanic and Luso-Brazilian Literatures and Languages from CUNY. He has worked as both a scholar and a translator. His chapbook, Rendition, was published by Toadily Press. He divides his time between Rio de Janeiro and Tarrytown, NY where he continues to write poetry and prose. Find the monthly program on the shamesjcc.org website under CONNECT. For more information about the poetry readings, please contact George Kraus by email. geofkraus@aol.com

Ben Yehuda Press Poets:

Rabbis Rachel Barenblat and Yaakov Moshe and

Maxine Silverman

Sunday, March 18

Rabbi Rachel Barenblat, a fellow of Rabbis Without Borders, was named in 2016 by the Forward as one of America's Most Inspiring Rabbis. Rachel serves as spiritual leader of Congregation Beth Israel (North Adams, MA). As of 2018 she is Senior Builder at Bayit: Your Jewish Home and helped edit the forthcoming *Beside Still Waters*, a journey of comfort and renewal (Ben Yehuda Press, 2018). She is author of five volumes of poetry, including *70 Faces: Torah Poems* (Phoenicia Publishing, 2011), *Open My Lips* (Ben Yehuda Press, 2016), and *Texts to the Holy* (Ben Yehuda Press, 2018). Since 2003 she has blogged as *The Velveteen Rabbi*; her *Velveteen Rabbi's Haggadah for Pesach* has been downloaded in many countries around the world.

Yaakov Moshe (Jay Michaelson), under the name Jay Michaelson, is a contributing editor to *The Daily Beast* and the author of six other books, including the bestselling *God vs. Gay? The Religious Case for Equality* and *The Gate of Tears: Sadness and the Spiritual Path* (Ben Yehuda Press, 2016). **Maxine Silverman** will read three poems from *Shiva Moon* (Ben Yehuda Press) which are included in *Beside Still Waters*, a journey of comfort and renewal, co-published by Ben Yehuda and Bayit, forthcoming this spring. Co-sponsored by *The Aligned Center*.

Meg Lindsay and Cortney Davis

Sunday, April 29

Meg Lindsay's poems are published in *Tricycle*, *Pivot*, *Salamander*, *Alimentum*, and *Connecticut River Review*. An established painter, she has been showing for decades in galleries and juried venues such as Silvermine, Hudson River Museum. Her chapbook about the process and emotions of painting, "A Painter's Night Journal," was published by Finishing Line Press in 2016. Website for paintings as well as some related poems is www.meglindsayartist.com
Cortney Davis is the author of five poetry collections, most recently "Taking Care of Time," winner of the Wheelbarrow Poetry Prize from Michigan State University's Poetry Center. Other collections include "Details of Flesh"; "Leopold's Maneuvers," winner of the Prairie Schooner Poetry Prize; "The Body Flute"; "Conversion / Return"; and "Willy Nilly: Poems for Children." Her non-fiction publications include "The Heart's Truth: Essays on the Art of Nursing," winner of an Independent Publisher's Silver Medal and the American Journal of Nursing Book of the Year Award, and "When the Nurse Becomes a Patient: A Story in Words and Images," winner of a Benjamin Franklin Gold Medal. She is also co-editor of two anthologies of prose and poetry by nurses, "Between the Heartbeats" and "Intensive Care" (University of Iowa Press).
www.cortneydavis.com

Yiddish Conversation and Culture with Maddy Simon

6 Tuesdays

March 13, 20, 27, April 10, 17, 24

May 1, 8, 15, 22, 29, June 5

12:30 PM to 2:00 PM

Members \$108; Non-members \$120

Register in advance in person, by phone, or on our website.

Speakers and dabblers keep Yiddish alive with conversations, classic Yiddish literature, song and laughter. Explore Sholem Aleichem, I.L. Peretz, Yiddish music and our roots as 1st and 2nd generation Jewish people. *Maddy Simon is a fluent Yiddish speaker with a graduate degree in music. She has an extensive Yiddish education in literature, history, and culture.*

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**Tuesdays and Thursdays, weekly
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Youth Lounge**

FREE for members and their accompanying guests

It's a card room, it's a craft space, it's a lounge... it's all this and more.

On Tuesdays and Thursdays, members and their accompanying guests may drop-in anytime between noon and 3:00 PM. Stay for three minutes or all three hours, the door is open! Bridge tables will be set-up, the craft-cart will be available, and board games and mah jongg sets will be out. Or bring a book to read and take a moment to relax on one of our comfortable couches. This space is for you, our members, to define and enjoy. Plan to come in with friends or just stop by and make some new ones. We look forward to seeing you!



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Connect!**