

# Open Gym Winter Spring Schedule



Harold & Elaine  
**Shames  
Jewish  
Community  
Center**  
on the Hudson



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Sunday
5:15 AM – 3:30 PM Half Court	5:15 AM – 3 PM Half Court	5:15 AM – 3 PM Half Court	5:15 AM – 4:45 PM Half Court	5:15 AM – 6 PM Half Court	7 AM – 9 AM Full Court	7 AM – 9 AM Half Court
8pm – 10pm Full	5:30pm – 7:15pm Half Court	8pm – 10pm Half	6 PM – 7:15 PM Half Court		9 AM – 12 PM Half Court	9 AM – 11 AM Full Court
					12 PM – 2 PM Full Court	11 AM – 6 PM Half Court
					2 PM – 6 PM Half Court	

\*All open gym hours are subject to change without notice. For more information call our welcome desk 914 -366 -7898.