
SHAMES JCC CONNECTED

SHAMES JCC VIDEO-ON-DEMAND



August 14, 2020

Shabbat Shalom! There is still time to sign up for one or two weeks of Mini Camp and several Outdoor Fitness and Aquatics programs this August! Don't miss out. Find more information [here](#). Also in August, the UJA is sponsoring an outdoor movie night that is sure to be a blast! The details are below.

For September, and in response to member requests, we are shifting to a **weekly reservation system for Group Ex and Aquatics**. Starting on August 24th, and every Monday thereafter, registration will open for the following week (so you can register on the 24th for the week of August 31 - September 4). More details will be shared next week.



Outdoor Cycle

Miss being in the spin studio? We took it outside! We have classes at various times M – F. And it's under a canopy so you don't have to worry about spinning in the sun (or light rain)! Check out the schedule [here](#) and register [here](#).



Final Night! Family Fun Nights with Challenge Island

Thursday, August 20 (Activity: 5:00 PM – 6:15 PM, Stay 'til 7:00 PM to picnic!)

This is your last chance to enjoy Family Fun Night! On Family Fun Night, your whole crew gets in on the action. Families will work together in tribes (teams) to tackle STEAM challenges using everyday materials. From designing roller coasters to building water pipelines to creating your very own mini golf fairway, each challenge will cultivate collaboration, communication, creativity and critical thinking skills among your family members. You do not have to be a member to join the fun so be sure to invite your

friends and their families! Click [here](#) for details and to register.

With the UJA: The Northern Westchester Jewish Community Drive-In Movie Theater Presents: Keeping the Faith

August 19 (Rain Date: August 20); Doors open at 7:15 PM; Movie starts at 8:00 PM

Keeping the Faith is a 2000 American romantic comedy film written by Stuart Blumberg, and starring Ben Stiller, Edward Norton (in his directorial debut), Jenna Elfman, Eli Wallach, and Anne Bancroft. Best friends since they were kids, Rabbi Jacob Schram (Ben Stiller) and Father Brian Finn (Edward Norton) are dynamic and popular young men living and working on New York's Upper West Side—and plan to open a community center! When Anna Reilly (Jenna Elfman), once their childhood friend and now grown into a beautiful

corporate executive, suddenly returns to the city, she reenters Jake and Brian's lives and hearts with a vengeance. Download with flyer with ticket links [here](#).

TWO MORE WEEKS OF CAMP LEFT!



Sports of All Sorts Mini Camps: **Now Open to Children 5 – 9! (children are split by age range)**

Every week in August (you can sign up weekly or all!); 10:00 AM – 12:30 PM

Coach Mike and the JCC's sports specialists expand on the fan favorite class, "Sports of all Sorts" to bring you this mini camp! Young athletes and sports enthusiasts will gain exposure to a variety of sports and games that can be enjoyed in a safe and responsible environment. From dribbling a soccer ball, to practicing lay-ups on age-appropriate hoops, running relay races, and more, good times will be had by all. And, to round out the

activity set, there will be sports trivia, coloring, stretching and other low intensity activities creating time for kids to rest and refresh.

Click [here](#) for details and to register. We are also offering Mini Camps and private lessons for children's basketball. You do not have to be a member to register.



Basketball Skills & Drills (Ages 8 – 12)

Monday, August 24 – Friday, August 28

1:00 PM – 2:30 PM

Players age 8 to 12 will practice and play in a fun, instructive outdoor environment with our brand new outdoor basketball hoops. Players will learn how to stretch, warm-up, and will engage in skills and drills. Players will learn the fundamentals as well as advanced techniques and skills of basketball from our knowledgeable coaching staff. All equipment will be regularly sanitized and social distancing protocols will be maintained. Click [here](#) for

more information.



High School Basketball Skills & Drills (ages 13 & up)

Monday, August 24 – Friday, August 28

3:00 PM – 4:30 PM

Missing high school sports? Take this time to learn some new skills and prepare you for the eventual re-opening of team basketball. Players age 13 and up will enjoy advanced training with Head Coach Mike Pearson to help players continually progress and enjoy high-level basketball with our brand new outdoor basketball hoops. Not only do we work on core skills—we also develop each player's "basketball I.Q." so that skills and strategy

become embedded together. Participants will gain the tools and confidence to compete at a high level. All equipment will be regularly sanitized and social distancing protocols will be maintained. Private training is also available. Register [here](#).

Virtual Arts & Culture Content



The SS Officer's Armchair: Uncovering the Secret Life of a Nazi with Author Daniel Lee

Monday, August 17 at 12:00 PM

From the Holocaust & Human Rights Education Center: Based on documents concealed within a simple chair for seventy years, this gripping investigation into the life of a single S.S. officer during World War II encapsulates the tragic experience of a generation of

Europeans. Daniel Lee is a historian of the Second World War and a specialist in the history of Jews in France and North Africa during the Holocaust. He is a lecturer in Modern History at Queen Mary, University of London. To register click [here](#).



In

Special Transkids (a feature film in the Ann Arbor Jewish Film Festival) Q&A:

Monday, August 17; 7:00 PM

what ways do the experiences of Jewish transgender youth and their families in Israel as exhibited in Transkids reflect the experiences of Jewish transgender youth and their families in Michigan? In this talk, Hunter Keith and his mother Roz Keith will discuss their experiences navigating Hunter's gender transition as a Jewish teen in Michigan. Dr. Dan Shumer and Sara Wiener of C.S. Mott Children's Hospital's Child & Adolescent Gender

Services will join the Keith family to discuss timely topics and resources for gender diverse young people. Click [here](#) to register for this event. Click [here](#) for the full line-up of movies and how to stream them.



ArtsWestcheser: JazzFest

Tuesday, September 8 – Friday, September 11, 2020

2020 JazzFest goes virtual with a week of free programs! For its ninth year, JazzFest remains true to its roots, presenting jazz from an outstanding roster of Westchester and NYC musicians. From our ArtsBash Virtual Mixology Party on September 8 to a unique series of online JazzFest events through Sept. 11, we'll celebrate established jazz greats who have shaped the genre, as well as rising stars who are carrying jazz in new

directions. Virtual programs will be held on Zoom and livestreamed on Facebook. Click [here](#) for more information and the full schedule.



Now Hiring: ENT Allergy ENT and Allergy Associates, LLP

Posting this for Tarrytown-based ENT Allergy & Associates—they are looking to hire local people to work from home for their call center. There are full-time and part-time positions available, flex hours. For more information, please reach out to [Robert Glazer](#). It's a great opportunity!

Please also review all of our COVID-19 policies [HERE](#).

Previously Published In Case You Missed It

Outdoor Fitness: Slow Flow Yoga

Thursdays 4:00

This class will practice half the poses you might practice in a flow class with a more meditative approach with an emphasis on peace and calm in body and mind. **We also offer many more options for outdoor fitness, including Pilates, strength classes, and more.** These classes are included in your membership and have no additional fees. Click [here](#) for more information and to see the schedule. Personal training is also available, contact [Lisa Bruskin](#) to schedule a session.

Outdoor Fitness: Define

Mondays 9:15 AM; Tuesdays 10:00 AM; Wednesdays 5:00 PM

This strength only class incorporates weights and body weight exercises to strengthen your bones. **We also offer many more options for outdoor fitness, including yoga, Pilates, strength classes, and more.** These classes are included in your membership and have no additional fees. Click [here](#) for more information and to see the schedule. Personal training is also available, contact [Lisa Bruskin](#) to schedule a session.

Outdoor Personal Training

Health is on our minds more than ever. While there are many issues we can't control, we can commit to doing the things we can control. Together we create a powerful team to help improve and enhance your quality of life. Let us create a customized training plan, hold you accountable and show you how to train smart – not just hard. We'll help you stay motivated and focused on your goals while you build a relationship with a professional trainer who cares! Reach out to [Lisa Bruskin](#) for more information.

Private Swim Lessons (all ages)

Lessons available between the hours of 11:00 AM – 2:30 PM

Want to improve yours or your child's swimming capabilities and beat the heat? We are offering no-touch, socially-distanced safe lessons for kids and adults. You do not have to be a member to schedule swim lessons. Click [here](#) for details for more information. Contact [Ryan Manahan](#) to arrange for lessons.

The Rivertowns Jewish Consortium and Beyond

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#). Please check with the congregation websites (links above) for updates on closures and programs.

Temple Beth Abraham

All in-person services and meetings have moved online. The schedule of online events is continually being updated, so check their [website](#) regularly. Here are some upcoming services:

Car Parade for Rabbi David's Birthday

August 16 @ 11:00am - 11:30pm

Eager to see people from the Temple? Keen to show Rabbi David how much you care? Join us for a Car Parade in honor of his 60th birthday. Just line up your decorated car along Leroy Avenue at 11am and join the fun! Details [here](#).

Wednesdays: 10:00-11:00 AM.: [Bible Study](#) with Rabbi Holtz. This will take place on Zoom.

Shabbat Live Streams: [\(Zoom\)](#)

Torah Study (Zoom) *Saturdays 10:00 - 11:00 AM* [Please join us on Zoom.](#)

Mishkan Ha'am

Shabbatpalooza Presents: Kabbalat Shabbat! What makes someone Jewish? *August 14 & 21, 5:30pm – 6:00pm*

Welcome to Shabbatpalooza Presents: Kabbalat Shabbat! We will gather each week in August from 5:30PM – 6:00PM to sing, share a story, do some Shabbat dancing, light candles, and spend time with our puppet mascot Mindy Moose! We build community through laughter! [RSVP](#) for Shabbatpalooza.

Shabbat Service and Adult Ed

10:00-11:00 – Shabbat Morning Service; 11:00-11:15 – Break; 11:15-12:15 – Adult Ed: Jewish and Racial Justice Part II. Following our July adult ed, we will continue the conversation about how Jews in America have related to issues of racial justice, particularly post Civil Rights Era. [Join Zoom Meeting](#); Meeting ID: 868 8823 5874; Password: 720988