

# SHAMES JCC CONNECTED

## SHAMES JCC VIDEO-ON-DEMAND



**June 5, 2020**

Hello Members and Friends. Every Friday, in the introduction to our newsletter, it is both our instinct and custom to offer some words of peace and comfort. Today, amidst ongoing protests and collective anguish in reaction to the death of George Floyd and the systemic racism that plagues our country, we struggle to find the right words. And so, as Shabbat draws near and the week comes to an end, we find ourselves embracing silence. We ask that wherever you are this evening, or this weekend, you join us in setting aside a few moments for silence. In this silence, we will seek to lay down long-held notions that we, because of our inclusive values and ideals, have done enough to weed out hatred. It is in this silence that we will seek to collectively awaken to the concept that we must actively and intentionally open our eyes, our ears, and our minds. It is in this silence that we will regain the strength we need to do the work required to put an end to racial inequity. And it is in this silence that we will prepare to raise our voices on behalf of the voiceless, like never before. We are developing ways for you to be involved and take action. Please look for additional information soon. Until then,



### "Coming Together: Standing Up to Racism. A CNN/Sesame Street Town Hall for Kids and Families"

*Saturday, June 6; 10:00 AM*

The 60-minute special will talk to kids about racism and the recent nationwide protests, while also explaining how they can embrace diversity and be more empathetic and understanding. Big Bird will join CNN commentator Van Jones and CNN anchor and national correspondent Erica Hill to moderate the event and joined by "Sesame Street"

characters—including Elmo, Abby Cadabby and Rosita—and other experts answering questions submitted by families. Click [here](#) for more details.



### Live: Chef Michael Solomonov's Edible Journey Across Israel (Virtual Streicker Center)

*Monday, June 8, 11:00 AM*

Food isn't just the sustenance we ingest; it's comfort and creativity, love and hospitality. James Beard Award-winning chef, author and owner of Philadelphia's Zahav restaurant will offer all of that — and a doorway into the heart and soul of Israel. Click [here](#) to register.



**Manhattan Region**

### For Teens: "Fast Friends" with BBYO Manhattan

*Wednesday, June 10; 7:00 PM*

Teens will enter a series of breakout rooms, each consisting of a different group of randomly-assigned participants, where they'll share responses to thought-provoking questions before getting cycled to the next room with a new group of teens. It's faced-paced and fun; a great way to meet a bunch of people in a short time! To register, click [here](#). For more

information, please reach out to [BBYOManhattanMorah@gmail.com](mailto:BBYOManhattanMorah@gmail.com).

Hazon Presents

# ISABELLA FREEDMAN

A VIRTUAL RETREAT

**Hazon Presents: Isabella Freedman—A Virtual Retreat**

*Sunday, June 7; 10:00 AM – 3:00 PM*

Isabella Freedman is a Jewish retreat center that hosts thousands of people every year, for all sorts of gatherings and celebrations. Although they are unable to continue that work at our physical location, they are hosting a virtual retreat with numerous interesting events and topic discussions—over four hours of scheduled programming. Included are popular classes, reunions, and projects from the Lab of Sustainability in Detroit. Click [here](#) for the full schedule.



**Live Fitness: Barre at the Kaplen JCC on the Palisades**

*Multiple Days and Times*

Miss hitting the Barre? Join the instructors at the Kaplen JCC on the Palisades for classes throughout the week. These classes are free and don't require pre-registration. Click [here](#) for the full schedule of virtual fitness.

**Virtual Museum Mile Festival**

*Tuesday, June 9; 9:00 AM – 9:00 PM*

Throughout the day, eight NYC museums will host live and pre-recorded programs, virtual exhibition tours, live musical performances, and activities for families streamed across their respective websites and social media platforms. The include: The Metropolitan Museum of Art, New York, Neue Galerie New York, Solomon R. Guggenheim Museum, Cooper Hewitt, The Jewish Museum, El Museo del Barrio, and The Africa Center. Click [here](#) for more details.



**Live with Camp Twelve Trails: Laila Tov— "Tropical Beach Day"**

*Wednesday, June 10; 5:00 PM*

Come dressed in all your beach gear! Also please note that Laila Tov has been moved to 5:00 PM. Click [here](#) to register.



**Live Concert: "Tiz A Small World: Together From A Distance"**

*Sunday, June 14; 5:00 PM*

Tizmoret A Cappella is proud and excited to announce: "Tiz A Small World: Together From A Distance," a collaborative virtual concert filled with music, joy, and celebration. As a semi-professional Jewish a cappella group, they usually travel the country performing for different Jewish communities but lost the opportunity to do what we love the most—singing and sharing music with others to build and maintain the Jewish community.



Click [here](#) for details.



## **An encore presentation: Moments with the Maestro**

WITH SHERILL MILNES

JUNE 18 | 1-2:30 PM | VIA ZOOM



### **Live: Moments with the Maestro (hosted by Savannah Jewish Education)**

Thursday, June 18; 1:00 – 2:30 PM

Join legendary Opera singer Sherill Milnes as he shares stories of his amazing career and some sneak peaks into some of his most memorable performances. Click [here](#) for details.

### **\*NEW Live Circus Classes at Home with Westchester Circus Arts**

Westchester Circus Arts Circus-at-Home program is evolving and growing—be sure to check it out if you haven't already or see what new classes they added. They are offering a variety of classes for all ages and interests like juggling, hip-hop dance, Hula-Hooping, and more! Class specials and guests (like magicians, Circus Math, and even pirates) are added weekly so be sure to follow them on [Instagram](#) and [sign up for their newsletter](#) to get the latest. Try something new! Click [here](#) for the schedule.



# virtual CIRCUS



### **Live: Parkinson's and Nutrition During COVID-19 (hosted by from by the Friedberg JCC)**

Tuesday, June 9th; 10:45 AM

Guest speaker Dr. Adena Leder, board-certified neurologist and director of NYIT's Parkinson's Disease Treatment Center on its Long Island campus will speak on medication, nutrition and exercise during the time of COVID-19. For additional information and Zoom info contact Gloria Lebeaux at [glebeaux@friedbergjcc.org](mailto:glebeaux@friedbergjcc.org).

## **Previously Published in Case You Missed it**

### **American GoJu Karate Family Stretch**

Saturday, June 6; 10:00 AM

Please join Sensei Bob Chillemi and his staff for a fun, free, LIVE Family Stretch class on Zoom. The mind/body/spirit connection is particularly valuable in times of hardship—all ages are welcome, bring the whole family! Click [here](#) for the Zoom link; Meeting ID: 882 4382 8842; Password: stretch

### **Opening Night of the Israeli Film Festival: Screening and Q&A: Peaches & Cream**

Sunday, June 7; 4:00 PM

Zuri Shostack (a neurotic film director played by the film's director, Gur Bentwich) experiences a breakdown on the night his new film is released. His fears of failure, death and losing control lead to a wild night of hijinks and a series of unforgettable encounters. The film, part of the [Israel Film Center Festival](#) (June 7-14), will be available for streaming by ticketholders for 24 hours beginning Saturday, June 6, 8:30 PM. The live virtual Q&A with actor/director Gur Bentwich, actor-editor Maya Kenig and other cast members is on Sunday, June 7, 4:00 PM.

## **Food Assistance for People in the Tarrytown, Sleepy Hollow, and Irvington Communities from the Tarrytown/Sleepy Hollow Food Pantry**

*Free Food Pick Up Every 2nd and 4th Thursday of the Month*

The Community Food Pantry of Tarrytown and Sleepy Hollow serves community residents who are hungry with monthly grocery distributions. Anyone who comes to a distribution is helped—simply bring a proof of residency in Sleepy Hollow, Tarrytown, or Irvington, and photo ID, such as a passport from any country. Even if you are not in need currently but know someone who is, please do not hesitate to attend the food distribution days and help ease the burden of a loved one, friend, family member, or neighbor. Please visit their [website](#) for more details and registration information.

### **Resources for Seniors**

The Center for Aging in Place offers an informal senior services/referral directory and online resources for Westchester County amid the COVID-19 pandemic, with thanks for the help of DOROT Westchester, RSVP of Westchester, Volunteer New York! and Nonprofit Westchester. You will find resources for health & social services, food resources, transportation, and arts & entertainment resources. Click [here](#) for the guide.

### **Live with the Sheva Center: Parenting through the Pandemic—Summer Edition**

*Three-part series; beginning, Wednesday, June 10*

In partnership with the Union for Reform Judaism (URJ), The Sheva Center is thrilled to announce an exciting opportunity from our friends and partners at Ayeka: The Center for Soulful Education. Dasee Berkowitz, Director of Ayeka's Becoming a Soulful Parent program, will lead a three-part Zoom series for parents of young children entitled: "Parenting through the Pandemic—Summer Edition" Participants can choose to participate in a single session or all three! Click [here](#) for more information and details on sessions.

Check out our online platforms [Shames JCC Video-On-Demand](#) and [Shames JCC Connected](#). JCC Video-on-Demand houses all of our livestream events and video content; JCC Connected features resources and links. They can be accessed from the homepage of our website. Also, be sure to follow us on Facebook and Instagram for more even more content and updates (links below).

### **The Rivertowns Jewish Consortium and Beyond**

The Shames JCC is a part of the Rivertowns Jewish Consortium, a group that includes [Greenburgh Hebrew Center](#), [Mishkan Ha'am](#), [Rosh Pinah Chavurah of the Rivertowns](#), [Temple Beth Abraham](#), [Temple Beth Shalom](#), and [Woodlands Community Temple](#), as well as the [Westchester Jewish Council](#). The Shames JCC is also pleased to be a key network agency of the [UJA Federation of New York](#). Please check with the congregation websites (links above) for updates on closures and programs.

#### **[Greenburgh Hebrew Center](#)**

##### **Sisterhood Shabbat**

*Friday, June 12:* The Greenburgh Hebrew Center Sisterhood is honoring Cantor Janet Leuchter, Woman of the Year, during their annual Sisterhood Shabbat on Friday, June 12. The service and presentation will run from 6:00 – 7:00 PM, via Zoom. Join us for a very special participatory Kabbalat Shabbat Service. All are invited. For additional information, including the Zoom link, please contact Robin at: [sisterhood@g-h-c.org](mailto:sisterhood@g-h-c.org).

##### **[Mishkan Ha'am](#)**

##### **Kabbalat Shabbat**

*June 5, 7:30 - 9:30*

Visit [www.mishkanhaam.org](http://www.mishkanhaam.org).

##### **Shabbat Service**

June 6, 10:00 - 11:15 AM: Join us for a Shabbat morning service of music, meditation, reflection and a discussion based on the Torah portion.

Visit [www.mishkanhaam.org](http://www.mishkanhaam.org).

#### **Just for Fun Zoom Social Hour**

June 7, 10:00 - 11:15 AM

Visit [www.mishkanhaam.org](http://www.mishkanhaam.org).

#### **Adult Ed**

June 11, 7:00 - 8:30 PM (note new date!)

Batsheva Part II - After our Havdallah program focusing on the social and political implications of both folk and modern Israeli dance, we will continue the conversation by exploring some of the contemporary political controversies surrounding the Batsheva Dance company, and it's founder Ohad Naharin. We'll view video clips of the company's dances and discuss our own interpretations of their work as well. (Both those who were able to attend the previous Havdallah program on this subject and those who were not are welcome and encouraged to attend!). Visit [www.mishkanhaam.org](http://www.mishkanhaam.org).

#### **Shabbat Service**

June 13t; 10:00 - 11:15 AM

Join us for a Shabbat morning service of music, meditation, reflection and a discussion based on the Torah portion.

Visit [www.mishkanhaam.org](http://www.mishkanhaam.org).



**Support the Shames JCC**

Connect with us at [www.shamesjcc.org](http://www.shamesjcc.org)

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